## Zeeman effect (theory) <br> Masatsugu Sei Suzuki <br> Department of Physics, SUNY at Binghamton <br> (Date February 06, 2016)

Here we discuss the Zeeman effect using the perturbation theory. The discussion here consists of three parts, depending on the magnitude of magnetic field; (i) in the weak magnetic field limit where the spin-orbit interaction $H_{\mathrm{so}}$ is dominant: (i) the intermediate magnetic field where the spin-orbit interaction is comparable with the Zeeman energy, and (iii) the strong magnetic field where the Zeeman energy $H_{B}$ is dominant.


Fig. $\quad H_{\text {so }}$ is the spin-orbit interaction. $H_{\mathrm{B}}$ is the Zeeman energy.
((Pieter Zeeman))


Pieter Zeeman (25 May 1865-9 October 1943) was a Dutch physicist who shared the 1902 Nobel Prize in Physics with Hendrik Lorentz for his discovery of the Zeeman effect.
((Alfred Landé))
Alfred Landé (13 December 1888-30 October 1976) was a German-American physicist known for his contributions to quantum theory. He is responsible for the Landé $g$-factor and an explanation of the Zeeman Effect.

http://en.wikipedia.org/wiki/Alfred Land $\% \mathrm{C} 3 \%$ A9

## 1. Orbital magnetic moment and spin magnetic moment

The total angular momentum $\boldsymbol{J}$ is defined by

$$
\boldsymbol{J}=\boldsymbol{L}+\boldsymbol{S}
$$

The total magnetic moment $\boldsymbol{\mu}$ is given by

$$
\boldsymbol{\mu}=-\frac{\mu_{B}}{\hbar}(\boldsymbol{L}+2 \boldsymbol{S}) .
$$

The total magnetic moment along the direction of $\mathrm{J}, \boldsymbol{\mu}_{J}$, is defined by

$$
\boldsymbol{\mu}_{J}=-\frac{g_{J} \mu_{B}}{\hbar} \boldsymbol{J}
$$

where $g_{\mathrm{J}}$ is the Lande $g$-factor.


Fig. Basic classical vector model of orbital angular momentum $(\boldsymbol{L})$, spin angular momentum $(\boldsymbol{S})$, orbital magnetic moment $(\boldsymbol{\mu} \mathrm{L})$, and spin magnetic moment $\left(\mu_{\mathrm{s}}\right) . \boldsymbol{J}(=\boldsymbol{L}+\boldsymbol{S})$ is the total angular momentum. $\boldsymbol{\mu}_{\mathrm{J}}$ is the component of the total magnetic moment $\left(\boldsymbol{\mu}_{\mathrm{L}}+\boldsymbol{\mu}_{\mathrm{S}}\right)$ along the direction $(-\boldsymbol{J})$.

Suppose that

$$
\boldsymbol{L}=a \boldsymbol{J}+\boldsymbol{L}_{\perp} \text { and } \boldsymbol{S}=b \boldsymbol{J}+\boldsymbol{S}_{\perp}
$$

where $a$ and $b$ are constants, and the vectors $\mathbf{S}_{\perp}$ and $\mathbf{L}_{\perp}$ are perpendicular to $\boldsymbol{J}$.

Here we have the relation $a+b=1$, and $\boldsymbol{L}_{\perp}+\boldsymbol{S}_{\perp}=0$. The values of $a$ and $b$ are determined as follows.

$$
a=\frac{\boldsymbol{J} \cdot \boldsymbol{L}}{\boldsymbol{J}^{2}}, b=\frac{\boldsymbol{J} \cdot \boldsymbol{S}}{\boldsymbol{J}^{2}} .
$$

Here we note that

$$
\boldsymbol{J} \cdot \boldsymbol{S}=(\boldsymbol{L}+\boldsymbol{S}) \cdot \boldsymbol{S}=\boldsymbol{S}^{2}+\boldsymbol{L} \cdot \boldsymbol{S}=\boldsymbol{S}^{2}+\frac{\boldsymbol{J}^{2}-\boldsymbol{L}^{2}-\boldsymbol{S}^{2}}{2}=\frac{\boldsymbol{J}^{2}-\boldsymbol{L}^{2}+\boldsymbol{S}^{2}}{2},
$$

or

$$
\boldsymbol{J} \cdot \boldsymbol{S}=\frac{\boldsymbol{J}^{2}-\boldsymbol{L}^{2}+\boldsymbol{S}^{2}}{2}=\frac{\hbar^{2}}{2}[J(J+1)-L(L+1)+S(S+1)],
$$

using the average in quantum mechanics. The total magnetic moment $\boldsymbol{\mu}$ is

$$
\boldsymbol{\mu}=-\frac{\mu_{B}}{\hbar}(\boldsymbol{L}+2 \boldsymbol{S})=-\frac{\mu_{B}}{\hbar}\left[(a+2 b) \boldsymbol{J}+\left(L_{\perp}+2 S_{\perp}\right)\right] .
$$

Thus we have

$$
\boldsymbol{\mu}_{J}=-\frac{\mu_{B}}{\hbar}(a+2 b) \boldsymbol{J}=-\frac{\mu_{B}}{\hbar}(1+b) \boldsymbol{J}=-\frac{g_{J} \mu_{B}}{\hbar} \boldsymbol{J},
$$

with

$$
g_{J}=1+b=1+\frac{\boldsymbol{J} \cdot \boldsymbol{S}}{\boldsymbol{J}^{2}}=\frac{3}{2}+\frac{s(s+1)-L(L+1)}{2 J(J+1)} .
$$

2. Derivation of Landé $\boldsymbol{g}$-factor: approach from the classical model

In the classical theory, the projection vectors of the spin angular momentum $\boldsymbol{S}$ and the orbital angular momentum $\boldsymbol{L}$ along the direction of the total angular momentum $J$

$$
\boldsymbol{S}_{J}=\frac{\boldsymbol{S} \cdot \boldsymbol{J}}{|\boldsymbol{J}|^{2}} \boldsymbol{J}, \quad \quad \boldsymbol{L}_{J}=\frac{\boldsymbol{L} \cdot \boldsymbol{J}}{|\boldsymbol{J}|^{2}} \boldsymbol{J}
$$

where

$$
\boldsymbol{J}=\boldsymbol{L}+\boldsymbol{S} .
$$

The total magnetic moment along the direction of $\boldsymbol{J}$ is given by

$$
\boldsymbol{\mu}_{J}=-\frac{\mu_{B}}{\hbar}\left(\frac{\boldsymbol{L} \cdot \boldsymbol{J}}{|\boldsymbol{J}|^{2}} \boldsymbol{J}+2 \frac{\boldsymbol{S} \cdot \boldsymbol{J}}{|\boldsymbol{J}|^{2}} \boldsymbol{J}\right) .
$$

Using $\boldsymbol{L}=\boldsymbol{J}-\boldsymbol{S}$, and squaring both sides, we get

$$
\boldsymbol{L}^{2}=\boldsymbol{J}^{2}+\boldsymbol{S}^{2}-2 \boldsymbol{J} \cdot \boldsymbol{S}
$$

or

$$
\boldsymbol{J} \cdot \boldsymbol{S}=\frac{\boldsymbol{J}^{2}+\boldsymbol{S}^{2}-\boldsymbol{L}^{2}}{2}
$$

Using $\boldsymbol{S}=\boldsymbol{J}-\boldsymbol{L}$, and squaring both sides, we get

$$
\boldsymbol{S}^{2}=\boldsymbol{J}^{2}+\boldsymbol{L}^{2}-2 \boldsymbol{J} \cdot \boldsymbol{L}
$$

or

$$
\boldsymbol{J} \cdot \boldsymbol{L}=\frac{\boldsymbol{J}^{2}+\boldsymbol{L}^{2}-\boldsymbol{S}^{2}}{2} .
$$

Then we get

$$
\begin{aligned}
\boldsymbol{\mu}_{J} & =-\frac{\mu_{B}}{\hbar \boldsymbol{J}^{2}}(\boldsymbol{L} \cdot \boldsymbol{J}+2 \boldsymbol{S} \cdot \boldsymbol{J}) \boldsymbol{J} \\
& =-\frac{\mu_{B}}{2 \hbar \boldsymbol{J}^{2}}\left[\boldsymbol{J}^{2}+\boldsymbol{L}^{2}-\boldsymbol{S}^{2}+2\left(\boldsymbol{J}^{2}+\boldsymbol{S}^{2}-\boldsymbol{L}^{2}\right)\right] \boldsymbol{J} \\
& =-\frac{\mu_{B}}{\hbar} \frac{\left(3 \boldsymbol{J}^{2}-\boldsymbol{L}^{2}+\boldsymbol{S}^{2}\right)}{2 \boldsymbol{J}^{2}} \boldsymbol{J}
\end{aligned}
$$

The Landé $g$-factor is defined by

$$
g_{J}=\frac{\left(3 \boldsymbol{J}^{2}-\boldsymbol{L}^{2}+\boldsymbol{S}^{2}\right)}{2 \boldsymbol{J}^{2}}=\frac{3}{2}+\frac{\boldsymbol{S}^{2}-\boldsymbol{L}^{2}}{2 \boldsymbol{J}^{2}} .
$$

In quantum mechanics, we get

$$
g_{J}=\frac{3}{2}+\frac{s(s+1)-l(l+1)}{2 j(j+1)}
$$

using the relations, $\boldsymbol{J}^{2} \rightarrow \hbar^{2} j(j+1), \boldsymbol{S}^{2} \rightarrow \hbar^{2} s(s+1)$, and $\boldsymbol{L}^{2} \rightarrow \hbar^{2} L(L+1)$. The total magnetic moment is given by

$$
\boldsymbol{\mu}_{J}=-\frac{\mu_{B}}{\hbar} g_{j} \boldsymbol{J}
$$

## 3. Derivation of Landé $\boldsymbol{g}$-factor: approach from the Wigner-Eckhart

The specific formula we need from the Wigner-Eckhart theorem relates the matrix element of any general vector component $\hat{V}_{z}$ to the matrix element of the total magnetic momentum. $\hat{J}_{z}$;

$$
\langle j m| \hat{V}_{z}\left|j m^{\prime}\right\rangle=\frac{\langle j||\hat{\boldsymbol{V}} \cdot \hat{\boldsymbol{J}}||j m\rangle}{\hbar^{2} j(j+1)}\langle j m| \hat{J}_{z}\left|j m^{\prime}\right\rangle .
$$

For the Zeeman effect, $\boldsymbol{L}$ or $\boldsymbol{S}$ play the role of the vector $\boldsymbol{V}$. This equation is called the projection theorem because of the role of the projection $\boldsymbol{V} . J$ in determining the constant of proportionality between the matrix of $V_{z}$ and $J_{z}$. Note that the matrix element of the projection $\boldsymbol{V} . \boldsymbol{J}$ is a diagonal element, but the $V_{z}$ and $J_{z}$ matrix elements are general matrix elements between different $m$ states within a given $j$ subspace.

$$
\begin{aligned}
& \langle j||\hat{\boldsymbol{S}} \cdot \hat{\boldsymbol{J}} \| j\rangle=\frac{1}{2}\langle j|\left|\hat{\boldsymbol{J}}^{2}+\hat{\boldsymbol{S}}^{2}-\hat{\boldsymbol{L}}^{2} \| j\right\rangle \\
& \quad=\frac{\hbar^{2}}{2}[j(j+1)+s(s+1)-l(l+1)]
\end{aligned}
$$

and

$$
\begin{aligned}
& \langle j||\hat{\boldsymbol{L}} \cdot \hat{\boldsymbol{J}} \| j m\rangle=\frac{1}{2}\langle j|\left|\hat{\boldsymbol{J}}^{2}+\hat{\boldsymbol{L}}^{2}-\hat{\boldsymbol{S}}^{2} \| j\right\rangle \\
& \quad=\frac{\hbar^{2}}{2}[j(j+1)+l(l+1)-s(s+1)]
\end{aligned}
$$

Then we have

$$
\begin{aligned}
\langle j m| \hat{S}_{z}\left|j m^{\prime}\right\rangle & =\frac{\langle j||\hat{\boldsymbol{S}} \cdot \hat{\boldsymbol{J}}||j\rangle}{\hbar^{2} j(j+1)}\langle j m| \hat{J}_{z}\left|j m^{\prime}\right\rangle \\
& =\frac{j(j+1)+s(s+1)-l(l+1)}{2 j(j+1)}\langle j m| \hat{J}_{z}\left|j m^{\prime}\right\rangle \\
\langle j m| \hat{L}_{z}\left|j m^{\prime}\right\rangle & =\frac{\langle j||\hat{\boldsymbol{L}} \cdot \hat{\boldsymbol{J}}||j\rangle}{\hbar^{2} j(j+1)}\langle j m| \hat{J}_{z}\left|j m^{\prime}\right\rangle \\
& =\frac{j(j+1)+l(l+1)-s(s+1)}{2 j(j+1)}\langle j m| \hat{J}_{z}\left|j m^{\prime}\right\rangle
\end{aligned}
$$

The total magnetic moment along the $z$ axis is given by

$$
\hat{\mu}_{z}=-\frac{\mu_{B}}{\hbar}\left(\hat{L}_{z}+2 \hat{S}_{z}\right)
$$

Then we have

$$
\begin{aligned}
\langle j m| \hat{L}_{z}+2 \hat{S}_{z}\left|j m^{\prime}\right\rangle & = \\
& =\left[\frac{j(j+1)+l(l+1)-s(s+1)}{2 j(j+1)}\right. \\
& \left.+\frac{j(j+1)+s(s+1)-l(l+1)}{j(j+1)}\right]\langle j m| \hat{J}_{z}\left|j m^{\prime}\right\rangle \\
& =\left[\frac{3}{2}+\frac{s(s+1)-l(l+1)}{2 j(j+1)}\right]\langle j m| \hat{J}_{z}\left|j m^{\prime}\right\rangle \\
& =g_{J}\langle j m| \hat{J}_{z}\left|j m^{\prime}\right\rangle
\end{aligned}
$$

where $g_{J}$ is the Landé $g$-factor given by

$$
g_{J}=\frac{3}{2}+\frac{s(s+1)-l(l+1)}{2 j(j+1)} .
$$

Then magnetic moment is given by

$$
\hat{\mu}_{z}=-\frac{\mu_{B}}{\hbar}\left(\hat{L}_{z}+2 \hat{S}_{z}\right)=-\frac{\mu_{B}}{\hbar} g_{J} \hat{J}_{z} .
$$

## 4. Zeeman effect in the weak magnetic field

In the presence of the magnetic field $B$ along the $z$ axis, the Zeeman energy is given by

$$
\hat{H}_{B}=\frac{g_{J} \mu_{B} B}{\hbar} \hat{J}_{z} .
$$

The first-order Zeeman energy correction:

$$
E_{B}^{(1)}=\langle j m| \hat{H}_{B}|j m\rangle=\frac{g_{J} \mu_{B} B}{\hbar}\langle j m| \hat{J}_{z}|j m\rangle=g_{J} m \mu_{B} B .
$$

For $j=l+\frac{1}{2}, s=\frac{1}{2}$,

$$
g_{J}=\frac{3}{2}+\frac{\frac{3}{4}-l(l+1)}{2 j(j+1)}=1+\frac{1}{2 l+1},
$$

$$
E_{B}^{(1)}=m\left(1+\frac{1}{2 l+1}\right) \mu_{B} B .
$$

For $j=l-\frac{1}{2}$,

$$
\begin{aligned}
& g_{J}=\frac{3}{2}+\frac{\frac{3}{4}-l(l+1)}{2 j(j+1)}=1-\frac{1}{2 l+1}, \\
& E_{B}^{(1)}=m\left(1-\frac{1}{2 l+1}\right) \mu_{B} B .
\end{aligned}
$$



Fig. Weak-field Zeeman structure of the hydrogen 2 P fine structure levels labeled with the quantum numbers of the coupled basis states. $n=2 . j=3 / 2$ and $j=1 / 2 . l=1$ and $s=1 / 2$. The splitting of the levels between ${ }^{2} P_{3 / 2}$ and ${ }^{2} P_{1 / 2}$ at $B=0$ is due to the spin orbit interaction.


## 5. Zeeman effect in the intermediate magnetic field

In the presence of magnetic field along the $z$ axis, the Zeeman energy is given by

$$
\hat{H}_{B}=-\hat{\boldsymbol{\mu}} \cdot \boldsymbol{B}=\frac{\mu_{B}}{\hbar}(\hat{\boldsymbol{L}}+2 \hat{\boldsymbol{S}}) \cdot \boldsymbol{B}=\frac{\mu_{B}}{\hbar}(\hat{\boldsymbol{J}}+\hat{\boldsymbol{S}}) \cdot \boldsymbol{B}=\frac{\mu_{B} B}{\hbar}\left(\hat{J}_{z}+\hat{S}_{z}\right) .
$$

The perturbed Hamiltonian is the sum of the spin orbit interaction $\hat{H}_{s o}$ and the Zeeman energy $\hat{H}_{B}$ as

$$
\hat{H}_{1}=\hat{H}_{s o}+\hat{H}_{B}=\frac{\xi \hbar^{2}}{2} \frac{1}{\hbar^{2}} \hat{\boldsymbol{L}} \cdot \hat{\boldsymbol{S}}+\mu_{B} B \frac{1}{\hbar}\left(L_{z}+2 S_{z}\right) .
$$



Note that $\hat{H}_{s o}$ is comparable to $\hat{H}_{B}$. The matrix of $\hat{\boldsymbol{L}} \cdot \hat{\boldsymbol{S}}$ under the basis of $\left|\phi_{1}\right\rangle=\left|m_{l}=m-\frac{1}{2}, m_{s}=\frac{1}{2}\right\rangle$ and $\left|\phi_{2}\right\rangle=\left|m_{l}=m+\frac{1}{2}, m_{s}=-\frac{1}{2}\right\rangle$, is obtained as

$$
\frac{2}{\hbar^{2}} \hat{\boldsymbol{L}} \cdot \hat{\boldsymbol{S}}=\left(\begin{array}{cc}
\left(m-\frac{1}{2}\right) & \sqrt{\left(l+m+\frac{1}{2}\right)\left(l-m+\frac{1}{2}\right)} \\
\sqrt{\left(l+m+\frac{1}{2}\right)\left(l-m+\frac{1}{2}\right)} & -\left(m+\frac{1}{2}\right)
\end{array}\right) .
$$

We note that

$$
\begin{aligned}
& \frac{1}{\hbar}\left(L_{z}+2 S_{z}\right)\left|m_{l}=m-\frac{1}{2}, m_{s}=\frac{1}{2}\right\rangle=\left(m+\frac{1}{2}\right)\left|m_{l}=m-\frac{1}{2}, m_{s}=\frac{1}{2}\right\rangle, \\
& \frac{1}{\hbar}\left(L_{z}+2 S_{z}\right)\left|m_{l}=m+\frac{1}{2}, m_{s}=-\frac{1}{2}\right\rangle=\left(m-\frac{1}{2}\right)\left|m_{l}=m-\frac{1}{2}, m_{s}=\frac{1}{2}\right\rangle .
\end{aligned}
$$

So the matrix of $\frac{1}{\hbar}\left(L_{z}+2 S_{z}\right)$ under the basis of $\left|\phi_{1}\right\rangle$ and $\left|\phi_{2}\right\rangle$ is diagonal,

$$
\frac{1}{\hbar}\left(L_{z}+2 S_{z}\right)=\left(\begin{array}{cc}
m+\frac{1}{2} & 0 \\
0 & m-\frac{1}{2}
\end{array}\right)
$$

Thus the resultant matrix is given by

$$
\begin{aligned}
\hat{H}_{1}= & \frac{\xi \hbar^{2}}{4}\left(\begin{array}{cc}
\left(m-\frac{1}{2}\right) & \sqrt{\left(l+m+\frac{1}{2}\right)\left(l-m+\frac{1}{2}\right)} \\
\sqrt{\left(l+m+\frac{1}{2}\right)\left(l-m+\frac{1}{2}\right)} & -\left(m+\frac{1}{2}\right)
\end{array}\right) \\
& +\mu_{B} B\left(\begin{array}{cc}
m+\frac{1}{2} & 0 \\
0 & m-\frac{1}{2}
\end{array}\right)
\end{aligned}
$$

We solve the eigenvalue problem. For simplicity we put

$$
\frac{\xi \hbar^{2}}{4}=\frac{1}{2} \alpha, \quad \beta=\mu_{B} B .
$$

The matrix ( 2 x 2 ) is given by

$$
\hat{H}_{1}=\frac{\alpha}{2}\left(\begin{array}{cc}
m-\frac{1}{2} & \sqrt{\left(l+m+\frac{1}{2}\right)\left(l-m+\frac{1}{2}\right)} \\
\sqrt{\left(l+m+\frac{1}{2}\right)\left(l-m+\frac{1}{2}\right)} & -\left(m+\frac{1}{2}\right)
\end{array}\right)+\beta\left(\begin{array}{cc}
m+\frac{1}{2} & 0 \\
0 & m-\frac{1}{2}
\end{array}\right)
$$

or

$$
\hat{H}_{1}=\frac{\alpha}{2}\left(\begin{array}{cc}
m-\frac{1}{2} & k \\
k & -\left(m+\frac{1}{2}\right)
\end{array}\right)+\beta\left(\begin{array}{cc}
m+\frac{1}{2} & 0 \\
0 & m-\frac{1}{2}
\end{array}\right)
$$

where for simplicity we use

$$
k=\sqrt{\left(l+m+\frac{1}{2}\right)\left(l-m+\frac{1}{2}\right)} .
$$

We solve the eigenvalue problem of the matrix $\hat{H}_{1}(2 \times 2$ matrix $)$. Thus the eigenvalues are

$$
\begin{aligned}
& \lambda_{1}=-\frac{\alpha}{4}+\beta m+\frac{1}{2} \sqrt{\left.\alpha^{2}\left(l+\frac{1}{2}\right)^{2}+2 \alpha \beta m+\beta^{2}\right)} \\
& \left.\lambda_{2}=-\frac{\alpha}{4}+\beta m-\frac{1}{2} \sqrt{\alpha^{2}\left(l+\frac{1}{2}\right)^{2}+2 \alpha \beta m+\beta^{2}}\right) .
\end{aligned}
$$

We introduce the ratio $\zeta$ as

$$
\varsigma=\frac{\beta}{\alpha} .
$$

Then we have

$$
\lambda_{1}=\frac{\alpha}{4}\left(-1+4 \varsigma m+\frac{1}{2} \sqrt{\left(l+\frac{1}{2}\right)^{2}+2 \varsigma m+\varsigma^{2}}\right),
$$

and

$$
\lambda_{2}=\frac{\alpha}{4}\left(-1+4 \varsigma m-\frac{1}{2} \sqrt{\left(l+\frac{1}{2}\right)^{2}+2 \varsigma m+\varsigma^{2}}\right) .
$$

For $\varsigma \ll 1$ (weak field side)

$$
\begin{aligned}
& \lambda_{1}=\frac{\alpha}{2} l+\beta m \frac{2 l+2}{2 l+1}, \\
& \lambda_{2}=-\frac{\alpha}{2}(l+1)+\beta m \frac{2 l}{2 l+1} .
\end{aligned}
$$

The first term is from the spin-orbit interaction and the second term is from the Zeeman effect.

For $\varsigma \gg 1$ (strong field side)

$$
\lambda_{1}=\alpha \varsigma\left(m+\frac{1}{2}\right)=\beta\left(m+\frac{1}{2}\right), \quad \lambda_{2}=\alpha \varsigma\left(m-\frac{1}{2}\right)=\beta\left(m-\frac{1}{2}\right) .
$$


((Mathematica))

Clear["Global`*"]; rule1 $=\left\{\sqrt{\mathrm{k}^{2}+\mathrm{m}^{2}} \rightarrow \mathrm{~L}+\frac{1}{2}\right\}$;
rule $2=\left\{k \rightarrow \sqrt{\left(L-m+\frac{1}{2}\right)\left(L+m+\frac{1}{2}\right)}\right\} ;$
$A 1=\frac{\alpha}{2}\left(\begin{array}{cc}m-\frac{1}{2} & k \\ k & -\left(m+\frac{1}{2}\right)\end{array}\right)+\beta\left(\begin{array}{cc}m+\frac{1}{2} & 0 \\ 0 & \left(m-\frac{1}{2}\right)\end{array}\right) ;$
eq1 = Eigensystem[A1];
$\lambda 1$ = eq1 [ [1, 2] ] /. rule1 /. rule2 // Simplify [\#, L > 0] \& $\frac{1}{4}\left(-\alpha+4 m \beta+\sqrt{(\alpha+2 L \alpha)^{2}+8 m \alpha \beta+4 \beta^{2}}\right)$
$\lambda 2$ = eq1 [ [1, 1] ] /. rule1 /. rule2 // Simplify[\#, L > 0] \&
$-\frac{\alpha}{4}+m \beta-\frac{1}{4} \sqrt{(\alpha+2 L \alpha)^{2}+8 m \alpha \beta+4 \beta^{2}}$
$\lambda 11=\lambda 1 / .\{\beta \rightarrow \zeta \alpha\} / /$ Simplify $[\#, \alpha>0] \&$
$\frac{1}{4} \alpha\left(-1+4 m \zeta+\sqrt{1+4 L+4 L^{2}+8 m \zeta+4 \zeta^{2}}\right)$
$\lambda 22=\lambda 2 / .\{\beta \rightarrow \zeta \alpha\} / /$ Simplify $[\#, \alpha>0] \&$
$-\frac{1}{4} \alpha\left(1-4 m \zeta+\sqrt{1+4 L+4 L^{2}+8 m \zeta+4 \zeta^{2}}\right)$
Series [ $111,\{\zeta, 0,2\}] / / S i m p l i f y[\#, 2 L+1>0] \&$ $\frac{L \alpha}{2}+\frac{2(1+L) m \alpha \zeta}{1+2 L}+\frac{\left(1+4 L+4 L^{2}-4 m^{2}\right) \alpha \zeta^{2}}{2(1+2 L)^{3}}+0[\zeta]^{3}$

Series[ 222 , \{ら, 0, 2\}] // Simplify[\#, $2 L+1>0] \&$

$$
-\frac{1}{2}(1+L) \alpha+\frac{2 L m \alpha \zeta}{1+2 L}-\frac{\left(\left(1+4 L+4 L^{2}-4 m^{2}\right) \alpha\right) \zeta^{2}}{2(1+2 L)^{3}}+0[\zeta]^{3}
$$

((Note))


Fig. From the book of E. Fermi, Notes on Quantum Mechanaics (The University of Chicago, 1961)

## 6. Zeeman effect in the strong magnetic field (Paschen Back effect)

We consider the case where the magnetic field is strong enough that the Zeeman shifts are much larger than the fine-structure shifts. The perturbation assumption regarding the Zeeman effect is no longer valid. It is more appropriate to include the Zeeman Hamiltonian,

$$
\hat{H}=\hat{H}_{0}+\hat{H}_{B}=\hat{H}_{0}-\hat{\boldsymbol{\mu}} \cdot \boldsymbol{B}=\hat{H}_{0}+\frac{\mu_{B}}{\hbar}(\hat{\boldsymbol{L}}+2 \hat{\boldsymbol{S}}) \cdot \boldsymbol{B},
$$

where

$$
\hat{\boldsymbol{\mu}}=-\frac{\mu_{B}}{\hbar}(\hat{\boldsymbol{L}}+2 \hat{\boldsymbol{S}}) .
$$

We note that

$$
\begin{aligned}
& {\left[\hat{H}_{0}, \hat{L}_{x}\right]=0, \quad\left[\hat{H}_{0}, \hat{L}_{y}\right]=0, \quad\left[\hat{H}_{0}, \hat{L}_{z}\right]=0, \quad\left[\hat{H}_{0}, \hat{\boldsymbol{L}}^{2}\right]=0} \\
& {\left[\hat{H}_{B}, \hat{L}_{z}\right]=0, \quad\left[\hat{H}_{B}, \hat{\boldsymbol{L}}^{2}\right]=0} \\
& {\left[\hat{H}_{0}, \hat{S}_{x}\right]=0, \quad\left[\hat{H}_{0}, \hat{S}_{y}\right]=0, \quad\left[\hat{H}_{0}, \hat{S}_{z}\right]=0, \quad\left[\hat{H}_{0}, \hat{\boldsymbol{S}}^{2}\right]=0} \\
& {\left[\hat{H}_{B}, \hat{S}_{z}\right]=0 \quad, \quad\left[\hat{H}_{B}, \hat{\boldsymbol{S}}^{2}\right]=0}
\end{aligned}
$$

Then we have

$$
\begin{aligned}
& {\left[\hat{H}_{0}, \hat{L}_{z}\right]=0, \quad\left[\hat{H}_{0}, \hat{\boldsymbol{L}}^{2}\right]=0, \quad\left[\hat{H}_{0}, \hat{S}_{z}\right]=0, \quad\left[\hat{H}_{0}, \hat{\boldsymbol{S}}^{2}\right]=0} \\
& {\left[\hat{\boldsymbol{L}}^{2}, \hat{L}_{z}\right]=0, \quad\left[\hat{\boldsymbol{S}}^{2}, \hat{S}_{z}\right]=0, \quad\left[\hat{H}_{0}, \hat{H}_{B}\right]=0} \\
& {\left[\hat{H}_{B}, \hat{L}_{z}\right]=0 \quad,\left[\hat{H}_{B}, \hat{\boldsymbol{L}}^{2}\right]=0} \\
& {\left[\hat{H}_{B}, \hat{S}_{z}\right]=0 \quad,\left[\hat{H}_{B}, \hat{\boldsymbol{S}}^{2}\right]=0}
\end{aligned}
$$

We choose a simultaneous eigenket of $\hat{H}_{B}, \hat{H}_{0}, \hat{\boldsymbol{L}}^{2}, \hat{\boldsymbol{S}}^{2}, \hat{L}_{z}$, and $\hat{S}_{z}$

$$
|\psi\rangle=|n l m\rangle \otimes\left|s m_{s}\right\rangle=|n l m\rangle\left|s m_{s}\right\rangle
$$

Here the Zeeman Hamiltonian

$$
\hat{H}_{B}=\frac{\mu_{B} B}{\hbar}\left(\hat{L}_{z}+2 \hat{S}_{z}\right)
$$

in zeroth-order and treat the fine structure as a perturbation. We note that

$$
\hat{H}_{0}\left|n ; l m_{l} ; s m_{s}\right\rangle=E_{n}\left|n ; l m_{l} ; s m_{s}\right\rangle,
$$

$$
\hat{H}_{B}\left|n ; \operatorname{lm}_{l} ; s m_{s}\right\rangle=\frac{\mu_{B} B}{\hbar}\left(\hat{L}_{z}+2 \hat{S}_{z}\right)\left|n ; m_{l} ; s m_{s}\right\rangle=\mu_{B} B\left(m_{l}+2 m_{s}\right)\left|n ; l m_{l} ; s m_{s}\right\rangle .
$$

The Zeeman energy is the expectation values,

$$
E_{\text {Zeeman }}{ }^{(1)}=\frac{\mu_{B} B}{\hbar}\left\langle n ; \operatorname{lm}_{l} ; s m_{s}\right|\left(L_{z}+2 S_{z}\right)\left|n ; \operatorname{lm}_{l} ; s m_{s}\right\rangle=\mu_{B} B\left(m_{l}+2 m_{s}\right)
$$

We now treat the spin-orbit interaction as a perturbation to the zeroth order state that include the Zeeman interaction.

$$
\begin{aligned}
E_{s 0}^{(1)} & =\left\langle n ; m_{l} ; s m_{s}\right| \hat{H}_{s o}\left|n ; m_{l} ; s m_{s}\right\rangle \\
& =\xi\left\langle n ; \operatorname{lm}_{l} ; s m_{s}\right| \hat{\boldsymbol{L}} \cdot \hat{\boldsymbol{S}}\left|n ; l m_{l} ; s m_{s}\right\rangle \\
& =\xi\left\langle n ; \operatorname{lm}_{l} ; s m_{s}\right| \frac{1}{2}\left(\hat{L}_{+} \hat{S}_{-}+\hat{L}_{-} \hat{S}_{+}\right)+\hat{L}_{z} \hat{S}_{z}\left|n ; l m_{l} ; s m_{s}\right\rangle \\
& =\xi\left\langle n ; \operatorname{lm}_{l} ; s m_{s}\right| \hat{L}_{z} \hat{S}_{z}\left|n ; \operatorname{lm} ; s m_{s}\right\rangle \\
& =\xi \hbar^{2} m_{l} m_{s} \\
& =\frac{1}{2} m_{e} c^{2} \alpha^{4} \frac{m_{l} m_{s}}{n^{3} l\left(l+\frac{1}{2}\right)(l+1)}
\end{aligned}
$$

where

$$
\xi \hbar^{2}=\frac{e^{2} \hbar^{2}}{2 m_{e}{ }^{2} c^{2}} \frac{1}{n^{3} a_{B}^{3} l(l+1 / 2)(l+1)}=\frac{1}{2} m_{e} c^{2} \alpha^{4} \frac{1}{n^{3} l(l+1 / 2)(l+1)}
$$

with

$$
\alpha=\frac{e^{2}}{\hbar c}, \quad a_{B}=\frac{\hbar^{2}}{m e^{2}} .
$$

Note that $E_{s 0}{ }^{(1)}$ is independent of the magnetic field. Thus we get

$$
\Delta E^{(1)}=E_{B}{ }^{(1)}+E_{s o}{ }^{(1)}=\mu_{B} B\left(m_{l}+2 m_{s}\right)+\frac{1}{2} m_{e} c^{2} \alpha^{4} \frac{m_{l} m_{s}}{n^{3} l\left(l+\frac{1}{2}\right)(l+1)}
$$

or

$$
\frac{\Delta E^{(1)}}{\mu_{B} B_{0}}=\left(m_{l}+2 m_{s}\right) \frac{B}{B_{0}}+\frac{1}{2} \frac{m_{e} c^{2} \alpha^{4}}{\mu_{B} B_{0}} \frac{m_{l} m_{s}}{n^{3} l\left(l+\frac{1}{2}\right)(l+1)}
$$

where $B_{0}$ is the characteristic magnetic field.

## ((Example))

The 2 p state for the hydrogen. $n=2, l=1, \mathrm{~s}=1 / 2 . m_{l}=1,0,-1 . m_{\mathrm{s}}=1 / 2,-1 / 2 . x=\frac{B}{B_{0}}$. $k=\frac{1}{2} \frac{m_{e} c^{2} \alpha^{4}}{\mu_{B} B_{0}}$.

We make a plot of $\frac{\Delta E^{(1)}}{\mu_{B} B_{0}}$ as a function of $x=\frac{B}{B_{0}}$;

$$
\frac{\Delta E^{(1)}}{\mu_{B} B_{0}}=\left(m_{l}+2 m_{s}\right) x+k \frac{m_{l} m_{s}}{n^{3} l\left(l+\frac{1}{2}\right)(l+1)} .
$$

$$
\mathrm{E} / \mu_{B} B_{0}
$$



Fig. Strong-field Zeeman structure of the $2 p$ states of hydrogen. Solid lines show the the Zeeman levels, while the dashed lines shows the addition of the Zeeman contribution and the spin-orbit interaction. The quantum numbers indicate the uncoupled basis states. The vertical dashed line denotes $x=\frac{B}{B_{0}}=1$.

$$
\begin{array}{ll}
\left|\phi_{1}\right\rangle=\left|m_{l}=1, m_{s}=1 / 2\right\rangle, & \left|\phi_{2}\right\rangle=\left|m_{l}=0, m_{s}=1 / 2\right\rangle, \\
\left|\phi_{3}\right\rangle=\left|m_{l}=1, m_{s}=-1 / 2\right\rangle, & \left|\phi_{4}\right\rangle=\left|m_{l}=-1, m_{s}=1 / 2\right\rangle, \\
\left|\phi_{5}\right\rangle=\left|m_{l}=0, m_{s}=-1 / 2\right\rangle, & \left|\phi_{6}\right\rangle=\left|m_{l}=-1, m_{s}=-1 / 2\right\rangle .
\end{array}
$$

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## APPENDIX A. Landè g-factor

The magnetic moment is defined by

$$
\hat{\boldsymbol{\mu}}=-\frac{\mu_{B}}{\hbar}(\hat{\boldsymbol{L}}+2 \hat{\boldsymbol{S}})
$$

The total angular momentum is

$$
\hat{\boldsymbol{J}}=\hat{\boldsymbol{L}}+\hat{\boldsymbol{S}}
$$

The expectation value of the $m$-th component of the magnetic moment $\boldsymbol{\mu}$ can be obtained from the projection theorem (decomposition theorem of the second kind, see Rose),

In

$$
\langle j, m| \hat{\boldsymbol{T}}_{q}^{(1)}|j, m\rangle=\frac{\left\langle j\left\|\hat{\boldsymbol{J}} \cdot \hat{\boldsymbol{T}}^{(1)}\right\| j\right\rangle}{\hbar^{2} j(j+1)}\langle j, m| \hat{\hat{q}}_{q}|j, m\rangle
$$

we put

$$
\hat{T}_{q}^{(1)}=\hat{\mu}_{q}, \quad \hat{\boldsymbol{J}} \cdot \hat{\boldsymbol{T}}^{(1)}=\hat{\boldsymbol{J}} \cdot \hat{\boldsymbol{\mu}}
$$

Then we get

$$
\langle j, m| \hat{\mu}_{q}|j, m\rangle=\frac{\langle j\|\hat{\boldsymbol{J}} \cdot \hat{\boldsymbol{\mu}}\| j>}{\hbar^{2} j(j+1)}\langle j, m| \hat{J}_{q}|j, m\rangle
$$

Now we have

$$
\hat{\boldsymbol{\mu}} \cdot \hat{\boldsymbol{J}}=-\frac{\mu_{B}}{\hbar}(\hat{\boldsymbol{L}}+2 \hat{\boldsymbol{S}}) \cdot(\hat{\boldsymbol{L}}+\hat{\boldsymbol{S}})=-\frac{\mu_{B}}{\hbar}\left(\hat{\boldsymbol{L}}^{2}+2 \hat{\boldsymbol{S}}^{2}+3 \hat{\boldsymbol{L}} \cdot \hat{\boldsymbol{S}}\right) .
$$

and

$$
\hat{\boldsymbol{J}}^{2}=\hat{\boldsymbol{L}}^{2}+\hat{\boldsymbol{S}}^{2}+2 \hat{\boldsymbol{L}} \cdot \hat{\boldsymbol{S}}
$$

or

$$
\hat{\boldsymbol{L}} \cdot \hat{\boldsymbol{S}}=\frac{\hat{\boldsymbol{J}}^{2}-\hat{\boldsymbol{L}}^{2}-\hat{\boldsymbol{S}}^{2}}{2}
$$

Then we get

$$
\hat{\boldsymbol{\mu}} \cdot \hat{\boldsymbol{J}}=\hat{\boldsymbol{J}} \cdot \hat{\boldsymbol{\mu}} \cdot=-\frac{\mu_{B}}{\hbar}\left[\hat{\boldsymbol{L}}^{2}+2 \hat{\boldsymbol{S}}^{2}+\frac{3}{2}\left(\hat{\boldsymbol{J}}^{2}-\hat{\boldsymbol{L}}^{2}-\hat{\boldsymbol{S}}^{2}\right)\right] .
$$

and

$$
<j\|\hat{\boldsymbol{J}} \cdot \hat{\boldsymbol{\mu}}\| j>=-\frac{\mu_{B}}{\hbar} \hbar^{2}\left\{l(l+1)+2 s(s+1)+\frac{3}{2}[(j(j+1)-l(l+1)-s(s+1)]\}\right.
$$

Then the expectation value of the magnetic moment along the $z$ axis is

$$
\begin{aligned}
\langle j, m| \hat{\mu}_{0}|j, m\rangle & =\frac{\langle j\|\hat{\boldsymbol{J}} \cdot \hat{\boldsymbol{\mu}}\| j\rangle}{\hbar^{2} j(j+1)}\langle j, m| \hat{J}_{0}|j, m\rangle \\
& =-\frac{\mu_{B}}{\hbar} \frac{m \hbar}{\hbar^{2} j(j+1)} \hbar^{2}\{l(l+1)+2 s(s+1) \\
& +\frac{3}{2}[(j(j+1)-l(l+1)-s(s+1)]\} \\
& =-\frac{m \mu_{B}}{2 j(j+1)}[3(j(j+1)-l(l+1)+s(s+1)]
\end{aligned}
$$

since $|j, m\rangle$ is a joint eigenstate of $\hat{\boldsymbol{J}}^{2}, \hat{\boldsymbol{L}}^{2}, \hat{\boldsymbol{S}}^{2}$, and $\hat{J}_{0}=\hat{J}_{z}$ with eigenvalues $\hbar^{2} j(j+1)$, $\hbar^{2} l(l+1), \hbar^{2} s(s+1)$, and $\hbar m$, respectively.

Here we introduce the Landè $g$-factor as

$$
\hat{\boldsymbol{\mu}}=-\frac{g_{J} \mu_{B}}{\hbar} \hat{\boldsymbol{J}}
$$

Then we have

$$
\langle j, m| \hat{\mu}_{0}|j, m\rangle=-\frac{g_{J} \mu_{B}}{\hbar}\langle j, m| \hat{J}_{0}|j, m\rangle=-\frac{g_{J} \mu_{B}}{\hbar} m \hbar=-m g_{J} \mu_{B}
$$

and

$$
g_{J}=\frac{3}{2}+\frac{s(s+1)-l(l+1)}{2 j(j+1)}
$$

## APPENDIX-B. The expectation value of $S_{z}$

Since

$$
\hat{\boldsymbol{S}} \cdot \hat{\boldsymbol{J}} \cdot=\hat{\boldsymbol{S}} \cdot(\hat{\boldsymbol{L}}+\hat{\boldsymbol{S}})=\hat{\boldsymbol{S}}^{2}+\hat{\boldsymbol{L}} \cdot \hat{\boldsymbol{S}}=\hat{\boldsymbol{S}}^{2}+\frac{\hat{\boldsymbol{J}}^{2}-\hat{\boldsymbol{L}}^{2}-\hat{\boldsymbol{S}}^{2}}{2}=\frac{\hat{\boldsymbol{J}}^{2}-\hat{\boldsymbol{L}}^{2}+\hat{\boldsymbol{S}}^{2}}{2}
$$

we get the expectation of $S_{z}$ as

$$
\begin{aligned}
\langle j, m| \hat{S}_{0}|j, m\rangle & =\frac{\langle j\|\hat{\boldsymbol{J}} \cdot \hat{\boldsymbol{S}}\| j\rangle}{\hbar^{2} j(j+1)}\langle j, m| \hat{J}_{0}|; j, m\rangle \\
& =\frac{m \hbar}{2 \hbar^{2} j(j+1)} \hbar^{2}[j(j+1)-l(l+1)+s(s+1)] \\
& =\frac{m \hbar}{2}\left[1+\frac{s(s+1)-l(l+1)}{j(j+1)}\right]
\end{aligned}
$$

where we use the projection theorem.

