

**3D isotropic simple harmonics in the Cartesian co-ordinates
and spherical co-ordinates**

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We discuss the quantum mechanics of the 3D isotropic simple harmonics using the Cartesian co-ordinates and spherical co-ordinates

1. Representation in the Cartesian co-ordinates

The Hamiltonian of the 3D isotropic simple harmonics is described by

$$\begin{aligned}\hat{H} &= \frac{1}{2m}(\hat{p}_x^2 + \hat{p}_y^2 + \hat{p}_z^2) + \frac{1}{2}m\omega_0^2(\hat{x}^2 + \hat{y}^2 + \hat{z}^2) \\ &= \hat{H}_x + \hat{H}_y + \hat{H}_z\end{aligned}$$

with

$$\hat{H}_x = \frac{1}{2m}\hat{p}_x^2 + \frac{1}{2}m\omega_0^2\hat{x}^2,$$

$$\hat{H}_y = \frac{1}{2m}\hat{p}_y^2 + \frac{1}{2}m\omega_0^2\hat{y}^2,$$

$$\hat{H}_z = \frac{1}{2m}\hat{p}_z^2 + \frac{1}{2}m\omega_0^2\hat{z}^2,$$

where

$$[\hat{H}, \hat{H}_x] = [\hat{H}, \hat{H}_y] = [\hat{H}, \hat{H}_z] = 0$$

The eigenvectors of the Hamiltonian $\hat{H}$ are also eigenvectors of $\hat{H}_x$, $\hat{H}_y$, and $\hat{H}_z$.

$$\hat{H}_x|n_x\rangle = (n_x + \frac{1}{2})\hbar\omega_0|n_x\rangle,$$

$$\hat{H}_y|n_y\rangle = (n_y + \frac{1}{2})\hbar\omega_0|n_y\rangle,$$

$$\hat{H}_z|n_z\rangle = (n_z + \frac{1}{2})\hbar\omega_0|n_z\rangle,$$

where $n_x, n_y, n_z = 0, 1, 2, 3, \dots$

We have

$$|n_x, n_y, n_z\rangle = |n_x\rangle|n_y\rangle|n_z\rangle = |n_x\rangle \otimes |n_y\rangle \otimes |n_z\rangle,$$

and

$$\hat{H}|n_x, n_y, n_z\rangle = (n_x + n_y + n_z + \frac{3}{2})\hbar\omega_0|n_x, n_y, n_z\rangle.$$

With n_x fixed, we have

$$n_y + n_z = n - n_x$$

So there are $(n - n_x + 1)$ possibilities such that

$$\{n_y, n_z\} = \{0, n - n_x\}, \{1, n - n_x - 1\}, \dots, \{n - n_x, 0\}$$

so the degeneracy g_n can be evaluated as

$$g_n = \sum_{n_x=0}^n (n - n_x + 1) = \frac{1}{2}(n+1)(n+2).$$

$$E = \frac{3}{2}\hbar\omega_0 \text{ (degeneracy; } g_0 = 1)$$

$$|000\rangle.$$

$$E = \frac{5}{2}\hbar\omega_0 \text{ (degeneracy; } g_1 = 3)$$

$$|100\rangle, |010\rangle, |001\rangle.$$

$$E = \frac{7}{2} \hbar \omega_0 \text{ (degeneracy; } g_2 = 6 \text{)}$$

$$|200\rangle, |020\rangle, |002\rangle, \\ |110\rangle, |011\rangle, |101\rangle.$$

$$E = \frac{9}{2} \hbar \omega_0 \text{ (degeneracy; } g_3 = 10 \text{)}$$

$$|300\rangle, |030\rangle, |003\rangle, \\ |210\rangle, |201\rangle, |120\rangle, |021\rangle, |102\rangle, |012\rangle, \\ |111\rangle.$$

Let us introduce three pairs of creation and annihilation operators.

$$\hat{a}_x = \frac{\beta}{\sqrt{2}} \left(\hat{x} + \frac{i}{m\omega_0} \hat{p}_x \right), \quad \hat{a}_x^+ = \frac{\beta}{\sqrt{2}} \left(\hat{x} - \frac{i}{m\omega_0} \hat{p}_x \right),$$

$$\hat{a}_y = \frac{\beta}{\sqrt{2}} \left(\hat{y} + \frac{i}{m\omega_0} \hat{p}_y \right), \quad \hat{a}_y^+ = \frac{\beta}{\sqrt{2}} \left(\hat{y} - \frac{i}{m\omega_0} \hat{p}_y \right),$$

$$\hat{a}_z = \frac{\beta}{\sqrt{2}} \left(\hat{z} + \frac{i}{m\omega_0} \hat{p}_z \right), \quad \hat{a}_z^+ = \frac{\beta}{\sqrt{2}} \left(\hat{z} - \frac{i}{m\omega_0} \hat{p}_z \right),$$

$$[\hat{a}_x, \hat{a}_x^+] = [\hat{a}_y, \hat{a}_y^+] = [\hat{a}_z, \hat{a}_z^+] = \hat{1},$$

with

$$\beta = \sqrt{\frac{m\omega_0}{\hbar}}.$$

The eigenvectors $|n_x, n_y, n_z\rangle$ are denoted by

$$|n_x, n_y, n_z\rangle = \frac{(\hat{a}_x^+)^{n_x} (\hat{a}_y^+)^{n_y} (\hat{a}_z^+)^{n_z}}{\sqrt{n_x! n_y! n_z!}} |000\rangle.$$

2. Expression of the Angular momentum in terms of operators $\hat{a}_R$ and $\hat{a}_L$

Here we note that

$$\hat{a}_R^+ = -\frac{1}{\sqrt{2}}(\hat{a}_x^+ + i\hat{a}_y^+), \quad \hat{a}_L^+ = \frac{1}{\sqrt{2}}(\hat{a}_x^+ - i\hat{a}_y^+),$$

or

$$\hat{a}_R = -\frac{1}{\sqrt{2}}(\hat{a}_x - i\hat{a}_y), \quad \hat{a}_L = \frac{1}{\sqrt{2}}(\hat{a}_x + i\hat{a}_y).$$

We also have

$$\hat{a}_x = \frac{1}{\sqrt{2}}(\hat{a}_L - \hat{a}_R), \quad \hat{a}_y = -\frac{i}{\sqrt{2}}(\hat{a}_L + \hat{a}_R),$$

$$\hat{a}_x^+ = \frac{1}{\sqrt{2}}(\hat{a}_L^+ - \hat{a}_R^+) \quad \hat{a}_y^+ = \frac{i}{\sqrt{2}}(\hat{a}_L^+ + \hat{a}_R^+).$$

The commutation relations:

$$[\hat{a}_R, \hat{a}_R^+] = \frac{1}{2}[\hat{a}_x - i\hat{a}_y, \hat{a}_x^+ + i\hat{a}_y^+] = \hat{1},$$

$$[\hat{a}_L, \hat{a}_L^+] = \frac{1}{2}[\hat{a}_x + i\hat{a}_y, \hat{a}_x^+ - i\hat{a}_y^+] = \hat{1},$$

$$[\hat{a}_R, \hat{a}_L] = -\frac{1}{2}[\hat{a}_x - i\hat{a}_y, \hat{a}_x + i\hat{a}_y] = 0,$$

$$[\hat{a}_R, \hat{a}_L^+] = -\frac{1}{2}[\hat{a}_x - i\hat{a}_y, \hat{a}_x^+ - i\hat{a}_y^+] = 0,$$

$$[\hat{a}_L, \hat{a}_R^+] = -\frac{1}{2}[\hat{a}_x + i\hat{a}_y, \hat{a}_x^+ + i\hat{a}_y^+] = 0.$$

The Hamiltonian can be rewritten by

$$\begin{aligned}
\hat{H} &= \hbar\omega(\hat{a}_x^+\hat{a}_x + \hat{a}_y^+\hat{a}_y + \hat{a}_z^+\hat{a}_z + \frac{3}{2}\hat{1}) \\
&= \hbar\omega(\hat{a}_R^+\hat{a}_R + \hat{a}_L^+\hat{a}_L + \hat{a}_z^+\hat{a}_z + \frac{3}{2}\hat{1}) \\
&= \hbar\omega(\hat{N}_R + \hat{N}_L + \hat{N}_z + \frac{3}{2}\hat{1})
\end{aligned}$$

where

$$\hat{N}_R = \hat{a}_R^+\hat{a}_R, \quad \hat{N}_L = \hat{a}_L^+\hat{a}_L.$$

The angular momentum can be expressed by

$$\hat{L}_z = \hat{x}\hat{p}_y - \hat{y}\hat{p}_x = i\hbar(\hat{a}_x\hat{a}_y^+ - \hat{a}_x^+\hat{a}_y),$$

$$\hat{L}_x = \hat{y}\hat{p}_z - \hat{z}\hat{p}_y = i\hbar(\hat{a}_y\hat{a}_z^+ - \hat{a}_y^+\hat{a}_z),$$

$$\hat{L}_y = \hat{z}\hat{p}_x - \hat{x}\hat{p}_z = i\hbar(\hat{a}_z\hat{a}_x^+ - \hat{a}_z^+\hat{a}_x).$$

Using

$$\begin{aligned}
\hat{L}_z &= i\hbar(\hat{a}_x\hat{a}_y^+ - \hat{a}_x^+\hat{a}_y) \\
&= \frac{\hbar}{2}(\hat{a}_R^+\hat{a}_R + \hat{a}_R\hat{a}_R^+ - \hat{a}_L^+\hat{a}_L - \hat{a}_L\hat{a}_L^+) \\
&= \hbar(\hat{a}_R^+\hat{a}_R - \hat{a}_L^+\hat{a}_L) \\
&= \hbar(\hat{N}_R - \hat{N}_L)
\end{aligned}$$

$$\begin{aligned}
\hat{L}_+ &= \hat{L}_x + i\hat{L}_y \\
&= i\hbar(\hat{a}_y\hat{a}_z^+ - \hat{a}_y^+\hat{a}_z) - \hbar(\hat{a}_z\hat{a}_x^+ - \hat{a}_z^+\hat{a}_x) \\
&= \hbar\hat{a}_z^+(\hat{a}_x + i\hat{a}_y) - \hbar\hat{a}_z(\hat{a}_x^+ + i\hat{a}_y^+) \\
&= \sqrt{2}\hbar(\hat{a}_z^+\hat{a}_L + \hat{a}_z\hat{a}_R^+)
\end{aligned}$$

$$\begin{aligned}
\hat{L}_- &= \hat{L}_x - i\hat{L}_y \\
&= i\hbar(\hat{a}_y\hat{a}_z^+ - \hat{a}_y^+\hat{a}_z) + \hbar(\hat{a}_z\hat{a}_x^+ - \hat{a}_z^+\hat{a}_x) \\
&= -\hbar\hat{a}_z^+(\hat{a}_x - i\hat{a}_y) + \hbar\hat{a}_z(\hat{a}_x^+ - i\hat{a}_y^+) \\
&= \sqrt{2}\hbar(\hat{a}_z^+\hat{a}_R + \hat{a}_z\hat{a}_L^+)
\end{aligned}$$

3. Simultaneous eigenkets of $\hat{H}$ and $\hat{L}_z$

$|N_R, N_L, N_z\rangle$ is an eigenvector of $\hat{H}$ and $\hat{L}_z$ with the eigenvalues

$$(N_R + N_L + N_z + \frac{3}{2})\hbar\omega_0 = (n + \frac{3}{2})\hbar\omega_0 \quad (\text{eigenvalue of } \hat{H})$$

and

$$(N_R - N_L)\hbar = m\hbar \quad (\text{eigenvalue of } \hat{L}_z)$$

or

$$n = N_R + N_L + N_z, \quad m = N_R - N_L.$$

The wave function of the simple harmonics for the one dimension

For $|n=0\rangle$ state;

$$\varphi_0(x) = \pi^{-1/4} \left(\frac{m\omega_0}{\hbar}\right)^{1/4} e^{-\frac{m\omega_0 x^2}{2\hbar}}.$$

For $|n=1\rangle$ state;

$$\varphi_1(x) = \pi^{-1/4} \left(\frac{m\omega_0}{\hbar}\right)^{1/4} \frac{1}{\sqrt{2^1 1!}} \left(2\sqrt{\frac{m\omega_0}{\hbar}}x\right) e^{-\frac{m\omega_0 x^2}{2\hbar}}.$$

For $|n=2\rangle$ state;

$$\varphi_2(x) = \pi^{-1/4} \left(\frac{m\omega_0}{\hbar} \right)^{1/4} \frac{1}{\sqrt{2^2 2!}} \left[4 \left(\sqrt{\frac{m\omega_0}{\hbar}} \right)^2 x^2 - 2 \right] e^{-\frac{m\omega_0 x^2}{2\hbar}}.$$

The wave function in the $|xyz\rangle$ representation is defined by

$$\langle xyz | n_x n_y n_z \rangle = \varphi_{n_x}(x) \varphi_{n_y}(y) \varphi_{n_z}(z).$$

- (i) The ground state with the energy $\frac{3}{2} \hbar \omega_0$

$$\langle xyz | n_x = 0, n_y = 0, n_z = 0 \rangle = \pi^{-3/4} \left(\frac{m\omega_0}{\hbar} \right)^{3/4} e^{-\frac{m\omega_0 r^2}{2\hbar}}.$$

The ground state is in a s state since the wavefunction is independent of θ and ϕ .

- (ii) The first excited state with the energy $\frac{5}{2} \hbar \omega_0$,

$$\begin{aligned} \langle xyz | n_x = 1, n_y = 0, n_z = 0 \rangle &= \pi^{-3/4} \left(\frac{m\omega_0}{\hbar} \right)^{3/4} \frac{1}{\sqrt{2^1 1!}} \left(2 \sqrt{\frac{m\omega_0}{\hbar}} \right) x e^{-\frac{m\omega_0 r^2}{2\hbar}} \\ &\approx r e^{-\frac{m\omega_0 r^2}{2\hbar}} (Y_1^1 + Y_1^{-1}) \end{aligned}$$

$$\begin{aligned} \langle xyz | n_x = 0, n_y = 1, n_z = 0 \rangle &= \pi^{-3/4} \left(\frac{m\omega_0}{\hbar} \right)^{3/4} \frac{1}{\sqrt{2^1 1!}} \left(2 \sqrt{\frac{m\omega_0}{\hbar}} \right) y e^{-\frac{m\omega_0 r^2}{2\hbar}} \\ &\approx r e^{-\frac{m\omega_0 r^2}{2\hbar}} (Y_1^1 - Y_1^{-1}) \end{aligned}$$

$$\begin{aligned} \langle xyz | n_x = 0, n_y = 0, n_z = 1 \rangle &= \pi^{-3/4} \left(\frac{m\omega_0}{\hbar} \right)^{3/4} \frac{1}{\sqrt{2^1 1!}} \left(2 \sqrt{\frac{m\omega_0}{\hbar}} \right) z e^{-\frac{m\omega_0 r^2}{2\hbar}} \\ &\approx r e^{-\frac{m\omega_0 r^2}{2\hbar}} Y_1^0 \end{aligned}$$

Then we get

$$\langle xyz | n_x = 1, n_y = 0, n_z = 0 \rangle + \langle xyz | n_x = 0, n_y = 1, n_z = 0 \rangle \approx r e^{-\frac{m\omega_0 r^2}{2\hbar}} Y_1^1,$$

for $|l=1, m=1\rangle$,

$$\langle xyz | n_x=0, n_y=0, n_z=1 \rangle \approx re^{-\frac{m\omega_0 r^2}{2\hbar}} Y_1^0,$$

for $|l=1, m=0\rangle$,

$$\langle xyz | n_x=1, n_y=0, n_z=0 \rangle - \langle xyz | n_x=0, n_y=1, n_z=0 \rangle \approx re^{-\frac{m\omega_0 r^2}{2\hbar}} Y_1^{-1},$$

for $|l=1, m=-1\rangle$,

where

$$Y_1^1 + Y_1^{-1} = -i\sqrt{\frac{3}{2\pi}} \sin\theta \sin\phi = -i\sqrt{\frac{3}{2\pi}} \frac{x}{r},$$

$$Y_1^1 - Y_1^{-1} = -\sqrt{\frac{3}{2\pi}} \sin\theta \cos\phi = -\sqrt{\frac{3}{2\pi}} \frac{y}{r},$$

$$Y_1^0 = \frac{1}{2}\sqrt{\frac{3}{\pi}} \cos\theta = \frac{1}{2}\sqrt{\frac{3}{\pi}} \frac{z}{r},$$

or

$$Y_1^1 = -\frac{1}{2}\sqrt{\frac{3}{2\pi}} e^{i\phi} \sin\theta = -\frac{1}{2}\sqrt{\frac{3}{2\pi}} \frac{(x+iy)}{r},$$

$$Y_1^0 = \frac{1}{2}\sqrt{\frac{3}{\pi}} \cos\theta = \frac{1}{2}\sqrt{\frac{3}{\pi}} \frac{z}{r},$$

$$Y_1^1 = \frac{1}{2}\sqrt{\frac{3}{2\pi}} e^{-i\phi} \sin\theta = \frac{1}{2}\sqrt{\frac{3}{2\pi}} \frac{(x-iy)}{r}.$$

For the first excited states, we find that the angular factors contain Y_1^m ($m = 1, 0, -1$.) and Y_0^0 ($l = 0, m = 0$). The six degenerate states can be re-expressed in terms of the three states with $l = 1$.

(iii) The second excited states

$$\langle xyz | n_x = 2, n_y = 0, n_z = 0 \rangle = \pi^{-3/4} \left(\frac{m\omega_0}{\hbar} \right)^{3/4} \frac{1}{\sqrt{2^2 2!}} \left[4 \left(\sqrt{\frac{m\omega_0}{\hbar}} \right)^2 x^2 - 2 \right] e^{-\frac{m\omega_0 r^2}{2\hbar}},$$

$$\langle xyz | n_x = 0, n_y = 2, n_z = 0 \rangle = \pi^{-3/4} \left(\frac{m\omega_0}{\hbar} \right)^{3/4} \frac{1}{\sqrt{2^2 2!}} \left[4 \left(\sqrt{\frac{m\omega_0}{\hbar}} \right)^2 y^2 - 2 \right] e^{-\frac{m\omega_0 r^2}{2\hbar}},$$

$$\langle xyz | n_x = 0, n_y = 0, n_z = 2 \rangle = \pi^{-3/4} \left(\frac{m\omega_0}{\hbar} \right)^{3/4} \frac{1}{\sqrt{2^2 2!}} \left[4 \left(\sqrt{\frac{m\omega_0}{\hbar}} \right)^2 z^2 - 2 \right] e^{-\frac{m\omega_0 r^2}{2\hbar}},$$

$$\begin{aligned} \langle xyz | n_x = 1, n_y = 1, n_z = 0 \rangle &= \pi^{-3/4} \left(\frac{m\omega_0}{\hbar} \right)^{3/4} \left(\frac{1}{\sqrt{2^1 1!}} \right)^2 \left(2 \sqrt{\frac{m\omega_0}{\hbar}} \right)^2 xye^{-\frac{m\omega_0 r^2}{2\hbar}} \\ &= \pi^{-3/4} \left(\frac{m\omega_0}{\hbar} \right)^{3/4} \frac{1}{\sqrt{2^2 2!}} 4\sqrt{2} \left(\sqrt{\frac{m\omega_0}{\hbar}} \right)^2 xye^{-\frac{m\omega_0 r^2}{2\hbar}} \end{aligned}$$

$$\begin{aligned} \langle xyz | n_x = 0, n_y = 1, n_z = 1 \rangle &= \pi^{-3/4} \left(\frac{m\omega_0}{\hbar} \right)^{3/4} \left(\frac{1}{\sqrt{2^1 1!}} \right)^2 \left(2 \sqrt{\frac{m\omega_0}{\hbar}} \right)^2 yze^{-\frac{m\omega_0 r^2}{2\hbar}} \\ &= \pi^{-3/4} \left(\frac{m\omega_0}{\hbar} \right)^{3/4} \frac{1}{\sqrt{2^2 2!}} 4\sqrt{2} \left(\sqrt{\frac{m\omega_0}{\hbar}} \right)^2 yze^{-\frac{m\omega_0 r^2}{2\hbar}} \end{aligned}$$

$$\begin{aligned} \langle xyz | n_x = 1, n_y = 0, n_z = 1 \rangle &= \pi^{-3/4} \left(\frac{m\omega_0}{\hbar} \right)^{3/4} \left(\frac{1}{\sqrt{2^1 1!}} \right)^2 \left(2 \sqrt{\frac{m\omega_0}{\hbar}} \right)^2 zxe^{-\frac{m\omega_0 r^2}{2\hbar}} \\ &= \pi^{-3/4} \left(\frac{m\omega_0}{\hbar} \right)^{3/4} \frac{1}{\sqrt{2^2 2!}} 4\sqrt{2} \left(\sqrt{\frac{m\omega_0}{\hbar}} \right)^2 zxe^{-\frac{m\omega_0 r^2}{2\hbar}} \end{aligned}$$

Thus we have

(i) $|l = 2, m = 2\rangle$

$$\begin{aligned}
& \langle xyz | n_x = 2, n_y = 0, n_z = 0 \rangle - \langle xyz | n_x = 0, n_y = 2, n_z = 0 \rangle \\
& + \sqrt{2}i \langle xyz | n_x = 1, n_y = 1, n_z = 0 \rangle \\
& = \pi^{-3/4} \left(\frac{m\omega_0}{\hbar} \right)^{3/4} \frac{1}{\sqrt{2^2 2!}} 4 \left(\sqrt{\frac{m\omega_0}{\hbar}} \right)^2 (x^2 - y^2 + 2ixy) e^{-\frac{m\omega_0 r^2}{2\hbar}} \\
& \propto Y_2^2
\end{aligned}$$

$$\begin{aligned}
\text{(ii)} \quad & |l = 2, m = 1\rangle \\
& \langle xyz | n_x = 1, n_y = 0, n_z = 1 \rangle + i \langle xyz | n_x = 0, n_y = 1, n_z = 1 \rangle \\
& = \pi^{-3/4} \left(\frac{m\omega_0}{\hbar} \right)^{3/4} \frac{1}{\sqrt{2^2 2!}} 4\sqrt{2} \left(\sqrt{\frac{m\omega_0}{\hbar}} \right)^2 (zx + iyz) e^{-\frac{m\omega_0 r^2}{2\hbar}} \\
& \propto Y_2^1
\end{aligned}$$

$$\begin{aligned}
\text{(iii)} \quad & |l = 2, m = 0\rangle \\
& 2 \langle xyz | n_x = 0, n_y = 0, n_z = 2 \rangle - \langle xyz | n_x = 2, n_y = 0, n_z = 0 \rangle \\
& - \langle xyz | n_x = 0, n_y = 2, n_z = 0 \rangle \\
& = \pi^{-3/4} \left(\frac{m\omega_0}{\hbar} \right)^{3/4} \frac{1}{\sqrt{2^2 2!}} 4 \left(\sqrt{\frac{m\omega_0}{\hbar}} \right)^2 (2z^2 - x^2 - y^2) e^{-\frac{m\omega_0 r^2}{2\hbar}} \\
& \propto Y_2^0
\end{aligned}$$

$$\begin{aligned}
\text{(iv)} \quad & |l = 2, m = -1\rangle \\
& \langle xyz | n_x = 1, n_y = 0, n_z = 1 \rangle - i \langle xyz | n_x = 0, n_y = 1, n_z = 1 \rangle \\
& = \pi^{-3/4} \left(\frac{m\omega_0}{\hbar} \right)^{3/4} \frac{1}{\sqrt{2^2 2!}} 4\sqrt{2} \left(\sqrt{\frac{m\omega_0}{\hbar}} \right)^2 (zx - iyz) e^{-\frac{m\omega_0 r^2}{2\hbar}} \\
& \propto Y_2^{-1}
\end{aligned}$$

$$\text{(v)} \quad |l = 2, m = -2\rangle$$

$$\begin{aligned}
& \langle xyz | n_x = 2, n_y = 0, n_z = 0 \rangle - \langle xyz | n_x = 0, n_y = 2, n_z = 0 \rangle \\
& - \sqrt{2}i \langle xyz | n_x = 1, n_y = 1, n_z = 0 \rangle \\
& = \pi^{-3/4} \left(\frac{m\omega_0}{\hbar} \right)^{3/4} \frac{1}{\sqrt{2^2 2!}} 4 \left(\sqrt{\frac{m\omega_0}{\hbar}} \right)^2 (x^2 - y^2 - 2ixy) e^{-\frac{m\omega_0 r^2}{2\hbar}} \\
& \propto Y_2^{-2}
\end{aligned}$$

Note that

$$Y_2^2 = \frac{1}{4} \sqrt{\frac{15}{2\pi}} e^{2i\phi} \sin^2 \theta = \frac{1}{4} \sqrt{\frac{15}{2\pi}} \frac{(x+iy)^2}{r^2} = \frac{1}{4} \sqrt{\frac{15}{2\pi}} \frac{x^2 - y^2 + 2ixy}{r^2},$$

$$Y_2^1 = -\frac{1}{2} \sqrt{\frac{15}{2\pi}} e^{i\phi} \sin \theta \cos \theta = -\frac{1}{2} \sqrt{\frac{15}{2\pi}} \frac{z(x+iy)}{r^2},$$

$$Y_2^0 = \frac{1}{4} \sqrt{\frac{5}{\pi}} (3\cos^2 \theta - 1) = \frac{1}{4} \sqrt{\frac{5}{\pi}} \frac{3z^2 - (x^2 + y^2 + z^2)}{r^2} = \frac{1}{4} \sqrt{\frac{5}{\pi}} \frac{2z^2 - (x^2 + y^2)}{r^2},$$

$$Y_2^{-1} = \frac{1}{2} \sqrt{\frac{15}{2\pi}} e^{-i\phi} \sin \theta \cos \theta = \frac{1}{2} \sqrt{\frac{15}{2\pi}} \frac{z(x-iy)}{r^2},$$

$$Y_2^{-2} = \frac{1}{4} \sqrt{\frac{15}{2\pi}} e^{-2i\phi} \sin^2 \theta = \frac{1}{4} \sqrt{\frac{15}{2\pi}} \frac{(x-iy)^2}{r^2} = \frac{1}{4} \sqrt{\frac{15}{2\pi}} \frac{x^2 - y^2 - 2ixy}{r^2},$$

and

$$Y_2^2 + Y_2^{-2} = \frac{1}{2} \sqrt{\frac{15}{2\pi}} \frac{x^2 - y^2}{r^2},$$

$$Y_2^2 - Y_2^{-2} = i \sqrt{\frac{15}{2\pi}} \frac{xy}{r^2},$$

$$Y_2^1 + Y_2^{-1} = -i \sqrt{\frac{15}{2\pi}} \frac{yz}{r^2},$$

$$Y_2^1 - Y_2^{-1} = -\sqrt{\frac{15}{2\pi}} \frac{zx}{r^2}.$$

For the second excited states, we find that the angular factors contain Y_2^m ($m = 2, 1, 0, -1, -2$) and Y_0^0 . The six degenerate states can be re-expressed in terms of the five states with $l = 2$ and one state with $l = 0$.

4. Representation in the spherical co-ordinates

$$\langle \mathbf{r} | \frac{\hat{\mathbf{p}}^2}{2\mu} | \psi \rangle + \langle \mathbf{r} | V(\hat{\mathbf{r}}) | \psi \rangle = E \langle \mathbf{r} | \psi \rangle,$$

or

$$-\frac{\hbar^2}{2\mu} \frac{1}{r} \frac{\partial}{\partial r} \left(\frac{\partial}{\partial r} r \langle \mathbf{r} | \psi \rangle \right) + \frac{1}{2\mu r^2} \langle \mathbf{r} | \hat{\mathbf{L}}^2 | \psi \rangle + V(r) \langle \mathbf{r} | \psi \rangle = E \langle \mathbf{r} | \psi \rangle,$$

or

$$\left[-\frac{\hbar^2}{2\mu} \frac{1}{r} \frac{\partial}{\partial r} \left(\frac{\partial}{\partial r} r \right) + \frac{\hbar^2 l(l+1)}{2\mu r^2} + V(r) \right] \langle \mathbf{r} | \psi \rangle = E \langle \mathbf{r} | \psi \rangle,$$

where

$$V(r) = \frac{1}{2} \mu \omega_0^2 r^2$$

Here we assume that

$$\langle \mathbf{r} | \psi \rangle = \psi(\mathbf{r}) = R_{E,l}(r) Y_l^m(\theta, \phi)$$

(separation variable) with

$$\langle \mathbf{n} | l, m \rangle = Y_l^m(\theta, \phi).$$

$R_{E,l}(r)$ depends only on E and l , but not on m .

$$\left[-\frac{\hbar^2}{2\mu} \frac{1}{r} \frac{\partial}{\partial r} \left(\frac{\partial}{\partial r} r\right) + \frac{\hbar^2 l(l+1)}{2\mu r^2} + \frac{1}{2} \mu \omega_0^2 r^2\right] R_{E,l}(r) = E R_{E,l}(r)$$

We assume that

$$R_{E,l}(r) = \frac{u(r)}{r},$$

$$u''(r) - \left[\frac{l(l+1)}{r^2} + \frac{2\mu(-E + V(r))}{\hbar^2}\right] u(r) = 0,$$

or

$$u''(r) - \frac{l(l+1)}{r^2} u - \frac{\mu^2 \omega^2}{\hbar^2} r^2 u(r) = -\frac{2\mu E}{\hbar^2} u(r).$$

We now introduce a new variable

$$\rho = \sqrt{\frac{\mu \omega_0}{\hbar}} r, \quad \lambda = \frac{2E}{\hbar \omega_0}.$$

Then we get the differential equation

$$u''(\rho) - \frac{l(l+1)}{\rho^2} u(\rho) - \rho^2 u(\rho) = -\lambda u(\rho).$$

In the limit of $\rho \rightarrow 0$, u is assumed to have the power form $u(\rho) \approx \rho^s$. The substitution of this form into the above differential equation gives rise to

$$\rho^{s-2} [s(s-1) - l(l+1)] - \rho^{s+2} = -\lambda \rho^s,$$

or

$$\rho^{s-2} [s(s-1) - l(l+1)] = 0.$$

So we get $s = l + 1$.

In the limit of $\rho \rightarrow \infty$, the differential equation can be approximated as

$$u''(\rho) - \rho^2 u(\rho) = 0.$$

We assume that $u(\rho) \approx \exp(-\rho^2 / 2)$.

$$u''(\rho) - \rho^2 u(\rho) = (\rho^2 - 1)u(\rho) - \rho^2 u(\rho) = -u(\rho),$$

This is almost the same as the original differential equation; $u''(\rho) - \rho^2 u(\rho) = 0$. These suggests that our solution $u(\rho)$ can be expressed by the form

$$u(\rho) = \rho^{l+1} e^{-\rho^2/2} f(\rho).$$

Then we have the differential equation for $f(\rho)$ as

$$\rho f''(\rho) + 2(l+1-\rho^2) f'(\rho) + (\lambda - 2l - 3) \rho f(\rho) = 0.$$

We solve this problem by using the series expansion

$$f(\rho) = \sum_{k=0}^{\infty} C(k) \rho^k.$$

Using the Mathematica, we get

$$2(1+l)C(1) = 0,$$

$$(-3-2l+\lambda)C(0) + 2(3+2l)C(2) = 0,$$

$$(-5-2l+\lambda)C(1) + 6(2+l)C(3) = 0,$$

$$(-7-2l+\lambda)C(2) + 4(5+2l)C(4) = 0.$$

Then we have

$$C(1) = C(3) = C(5) = \dots = 0.$$

In other words, $f(\rho)$ is an even function of ρ . So we assume that

$$f(\rho) = \sum_{k=0}^{\infty} C(2k)\rho^{2k},$$

Then we have

$$\begin{aligned} & \sum_{k=1} (2k)(2k-1)C(2k)\rho^{2k-1} + 2(l+1-\rho^2) \sum_{k=1} (2k)C(2k)\rho^{2k-1} \\ & + (\lambda - 2l - 3) \sum_{k=0} C(2k)\rho^{2k+1} = 0 \end{aligned}$$

or

$$\begin{aligned} & \sum_{k=1} 2k[2k-1+2(l+1)]C(2k)\rho^{2k-1} \\ & - \sum_{k=1} C(2k)(4k)\rho^{2k+1} + (\lambda - 2l - 3) \sum_{k=0} C(2k)\rho^{2k+1} = 0 \end{aligned}$$

Using the relation

$$\sum_{k=1} 2k[2k-1+2(l+1)]C(2k)\rho^{2k-1} = \sum_{k=0} (2k+2)[2k+1+2(l+1)]C(2k+1)\rho^{2k+1}$$

(conventional mathematical procedure)

$$\sum_{k=1} C(2k)(4k)\rho^{2k+1} = \sum_{k=0} C(2k)(4k)\rho^{2k+1} \quad (\text{no change with the addition of } k=0 \text{ term})$$

this can be rewritten as

$$\sum_{k=0} \{2(k+1)(2k+2l+3)C(2k+2) - (4k+2l+3-\lambda)C(2k)\}\rho^{2k+1} = 0$$

From this we get the recursion relation,

$$C(2k+2) = \frac{(4k+2l+3-\lambda)}{2(k+1)(2k+3+2l)} C(2k),$$

When

$$3+4n_r+2l=\lambda \quad (n_r = 0, 1, 2, 3, \dots),$$

the co-efficient $C(2 + 2n_r)$ should be equal to zero, corresponding to the termination of the power series. Then, from the recursion relation, we have

$$C(2 + 2n_r) = C(4 + 2n_r) = \dots = 0.$$

So the energy quantization condition is that

$$3 + 4n_r + 2l = \lambda = \frac{2E}{\hbar\omega_0},$$

or

$$E(n_r, l) = \left(\frac{3}{2} + 2n_r + l\right)\hbar\omega_0.$$

We define the principal quantum number n as

$$E_n = \left(n + \frac{3}{2}\right)\hbar\omega_0,$$

with $n = 2n_r + l$.

n	l	n_r	Degeneracy
0	0	0	1
1	1	0	3
2	0	1	1
2	2	0	5
3	1	1	3
3	3	0	7
4	0	2	1
4	2	1	5
4	4	0	9
5	1	2	3

5	3	1	7
5	5	0	11
6	0	3	1
6	2	2	5
6	4	1	9
6	6	0	13

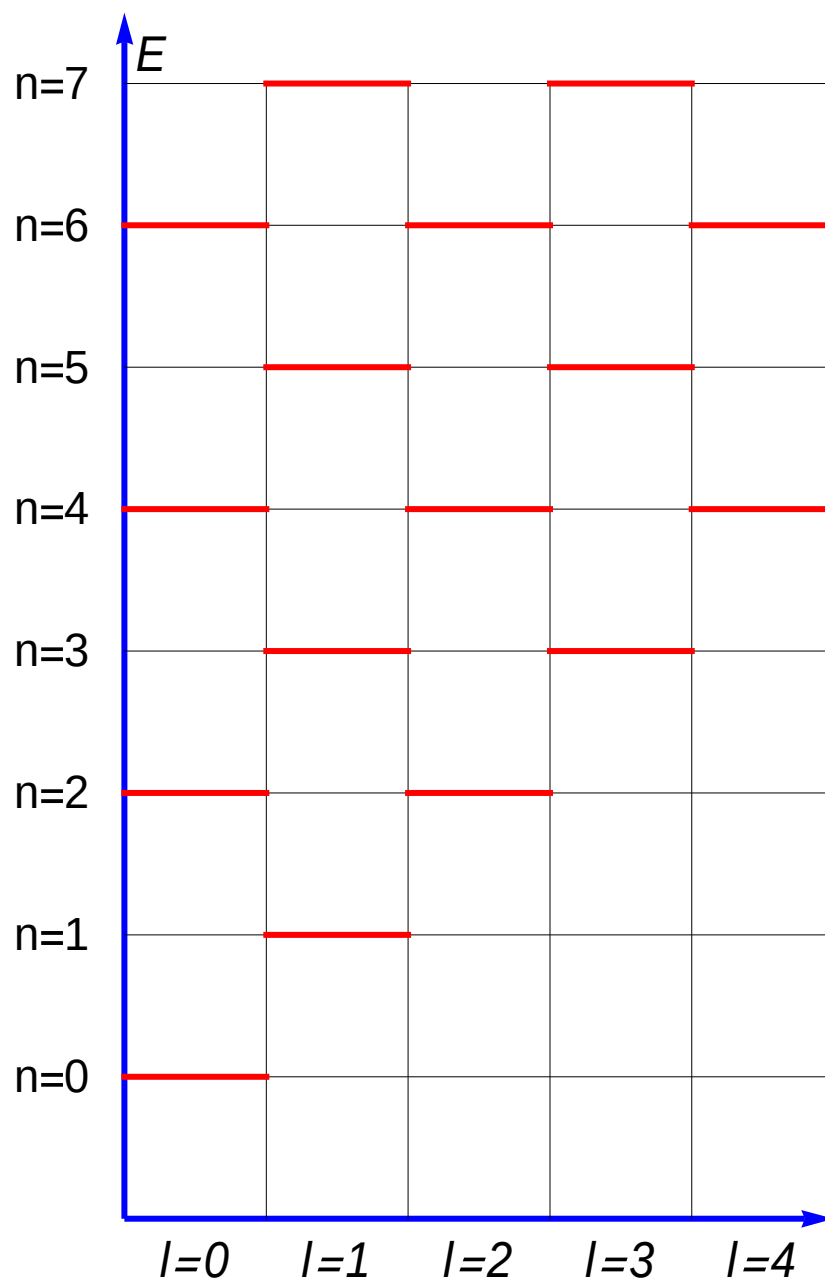


Fig. The energy levels $E_n = (n + \frac{3}{2})\hbar\omega$ of the 3D isotropic simple harmonics, showing the degeneracy. The degeneracy is **1** ($n = 0$), **3** ($n = 1$), **6** ($=1 + 5$) ($n = 2$), **10** ($=3 + 7$) ($n = 3$), **15** ($1 + 5 + 9$) ($n = 4$), **21** ($n = 5$), **28** ($n = 6$).

5. Hypergeometric function

We use the Mathematica to solve the differential equation given by

$$\rho f''(\rho) + 2(l+1-\rho^2)f'(\rho) + 2(n-l)\rho f(\rho) = 0$$

The solution is given by

$$f(\rho) = \text{Hypergeometric1F1}[\frac{l-n}{2}, \frac{3}{2}+l, \rho^2]$$

This function is dependent on n and l , where n_r is given by

$$n = 2n_r + l$$

n	l	n_r	$f(\rho)$
0	0	0	1
1	1	0	1
2	0	1	$1 - \frac{2\rho^2}{3}$
2	2	0	1
3	1	1	$1 - \frac{2\rho^2}{5}$
3	3	0	1
4	0	2	$1 - \frac{4\rho^2}{3} + \frac{4\rho^4}{15}$
4	2	1	$1 - \frac{2\rho^2}{7}$
4	4	0	1

5	1	2	$1 - \frac{4\rho^2}{5} + \frac{4\rho^4}{35}$
5	3	1	$1 - \frac{2\rho^2}{9}$
5	5	0	1
6	0	3	$1 - 2\rho^2 + \frac{4\rho^4}{5} - \frac{8\rho^6}{105}$
6	2	2	$1 - \frac{4\rho^2}{7} + \frac{4\rho^4}{63}$
6	4	1	$1 - \frac{2\rho^2}{11}$
6	6	0	1

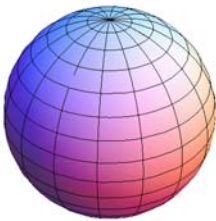
APPENDIX

Spherical harmonics

(i) $\langle n | l = 0, m = 0 \rangle$

$$l=0 \quad m=0 \quad Y_{l=0}^0(\theta, \phi)$$

$$0 \quad 0 \quad \frac{1}{2\sqrt{\pi}}$$



$$l = 0, m = 0$$

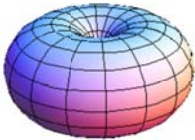
(ii) $\langle n | l = 1, m \rangle \quad (m = -1, 0, 1)$

$$l=1 \quad m \quad Y_{l=1}^m(\theta, \phi)$$

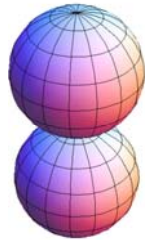
$$1 \quad -1 \quad \frac{1}{2} e^{-i\phi} \sqrt{\frac{3}{2\pi}} \sin[\theta]$$

$$1 \quad 0 \quad \frac{1}{2} \sqrt{\frac{3}{\pi}} \cos[\theta]$$

$$1 \quad 1 \quad -\frac{1}{2} e^{i\phi} \sqrt{\frac{3}{2\pi}} \sin[\theta]$$



$$l = 1, m = \pm 1$$



$$l = 1, m = 0$$

(iii) $\langle n | l = 2, m \rangle \quad (m = -2, -1, 0, 1, 2)$

$$l=2 \quad m \quad Y_{l=2}^m(\theta, \phi)$$

$$2 \quad -2 \quad \frac{1}{4} e^{-2i\phi} \sqrt{\frac{15}{2\pi}} \sin^2[\theta]$$

$$2 \quad -1 \quad \frac{1}{2} e^{-i\phi} \sqrt{\frac{15}{2\pi}} \cos[\theta] \sin[\theta]$$

$$2 \quad 0 \quad \frac{1}{8} \sqrt{\frac{5}{\pi}} (1 + 3 \cos[2\theta])$$

$$2 \quad 1 \quad -\frac{1}{2} e^{i\phi} \sqrt{\frac{15}{2\pi}} \cos[\theta] \sin[\theta]$$

$$2 \quad 2 \quad \frac{1}{4} e^{2i\phi} \sqrt{\frac{15}{2\pi}} \sin^2[\theta]$$

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A. Messiah, *Quantum Mechanics*, vol.I and vol.II (North-Holland, 1961).
Claude Cohen-Tannoudji, Bernard Diu, and Franck Laloë, *Quantum Mechanics volume I and volume II* (John Wiley & Sons, New York, 1977).

APPENDIX SphericalPlot3D of the probability

The probability is defined by

$$P = \left| \langle \xi | n_x \rangle \right|^2 \left| \langle \eta | n_y \rangle \right|^2 \left| \langle \varsigma | n_z \rangle \right|^2 ,$$

where

$$\xi = \beta x , \quad \eta = \beta y , \quad \varsigma = \beta z ,$$

where

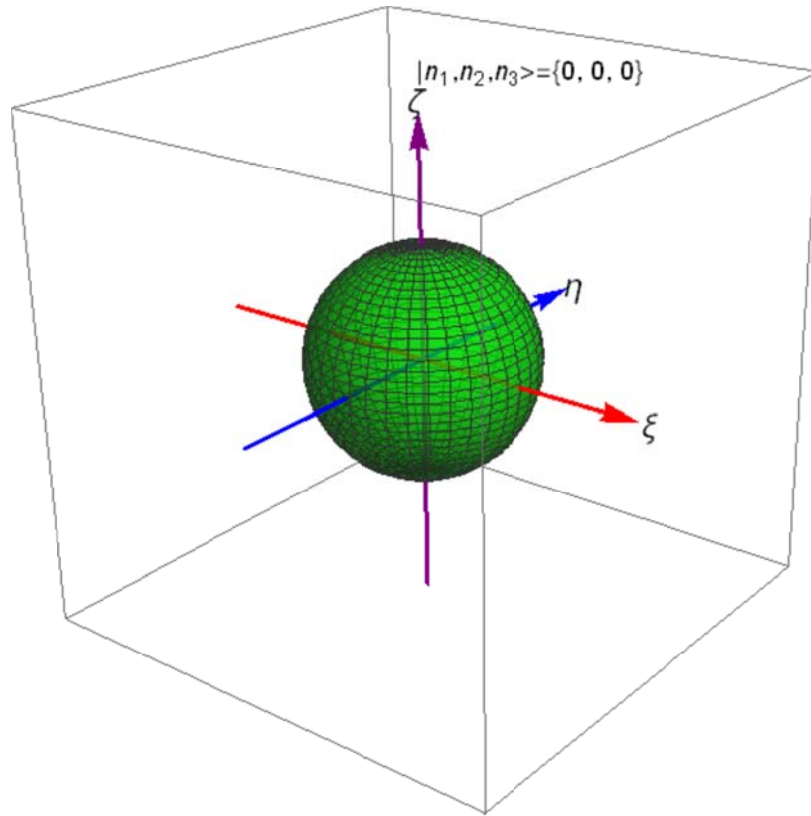
$$\beta = \sqrt{\frac{m\omega_0}{\hbar}} .$$

We change the co-ordinates of the system from the Cartesian to the spherical by the relation,

$$x = r \sin \theta \cos \phi , \quad y = r \sin \theta \sin \phi , \quad z = r \cos \theta .$$

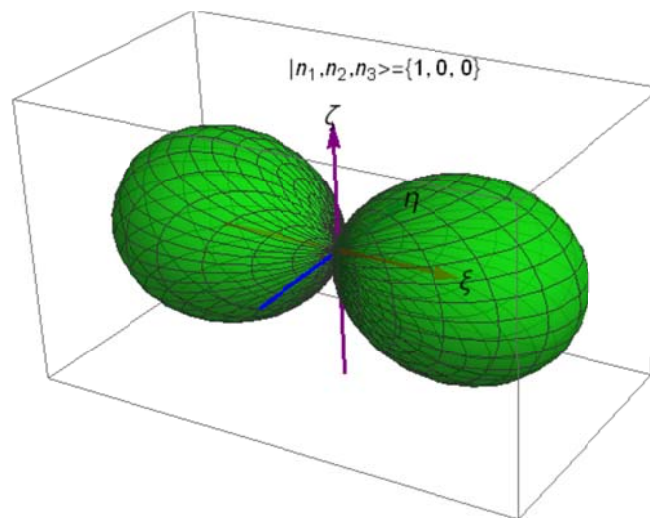
For convenience we assume that $\beta r = 1$. Using the Mathematica, we make a SphericalPlot3D of the probability P as a function of θ and ϕ , where $0 \leq \theta < \pi$ and $0 \leq \phi < 2\pi$.

$$(a) \quad E = \frac{3}{2} \hbar \omega_0 . \quad |n_x, n_y, n_z\rangle = |0,0,0\rangle$$

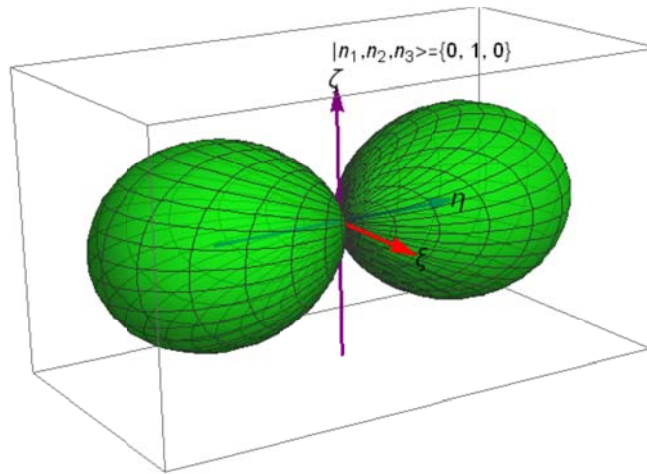


(b) $E = \frac{5}{2} \hbar \omega_0 \cdot |n_x, n_y, n_z\rangle = |1, 0, 0\rangle, |0, 1, 0\rangle, |0, 0, 1\rangle$

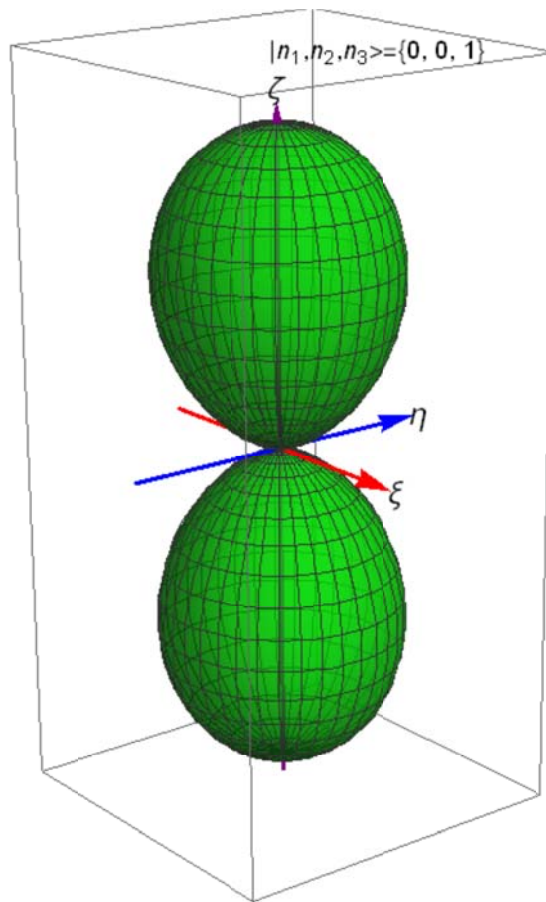
(i) $|n_x, n_y, n_z\rangle = |1, 0, 0\rangle$



(ii) $|n_x, n_y, n_z\rangle = |0, 1, 0\rangle$

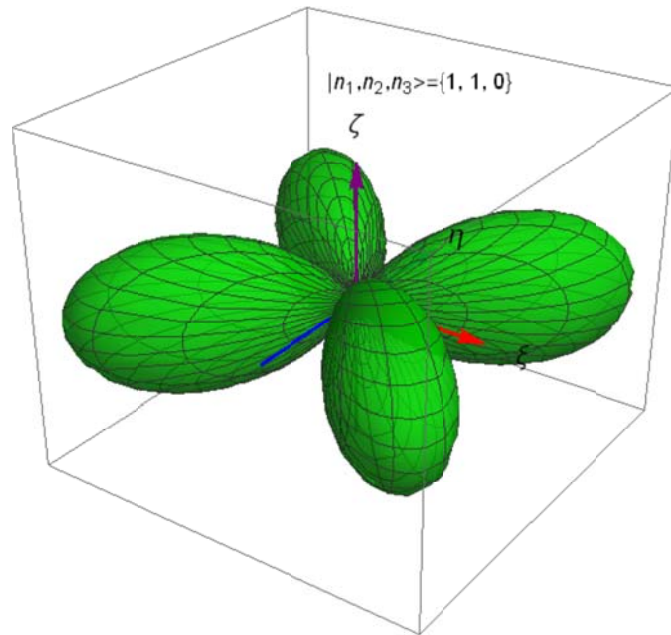


(iii) $|n_x, n_y, n_z\rangle = |0, 0, 1\rangle$

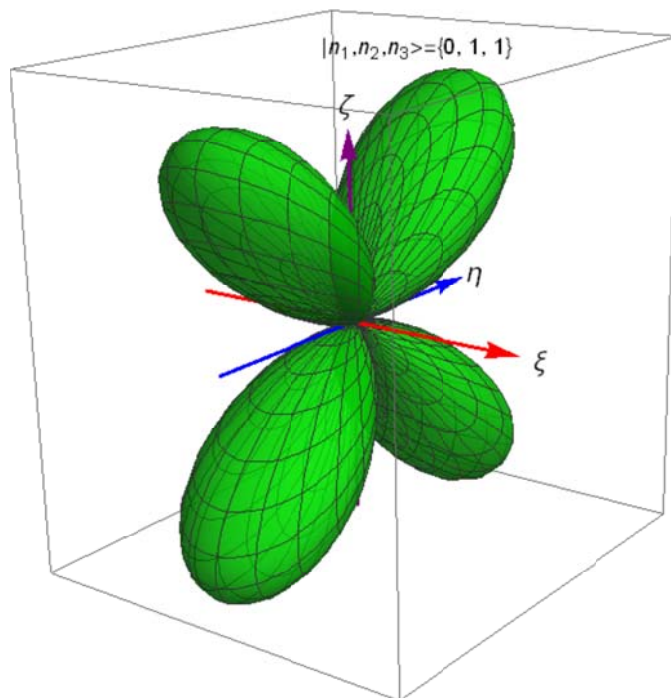


(c) $E = \frac{7}{2} \hbar \omega_0 \cdot |n_x, n_y, n_z\rangle = |1, 1, 0\rangle, |0, 1, 1\rangle, |1, 0, 1\rangle, |2, 0, 0\rangle, |0, 2, 0\rangle, |0, 0, 2\rangle$

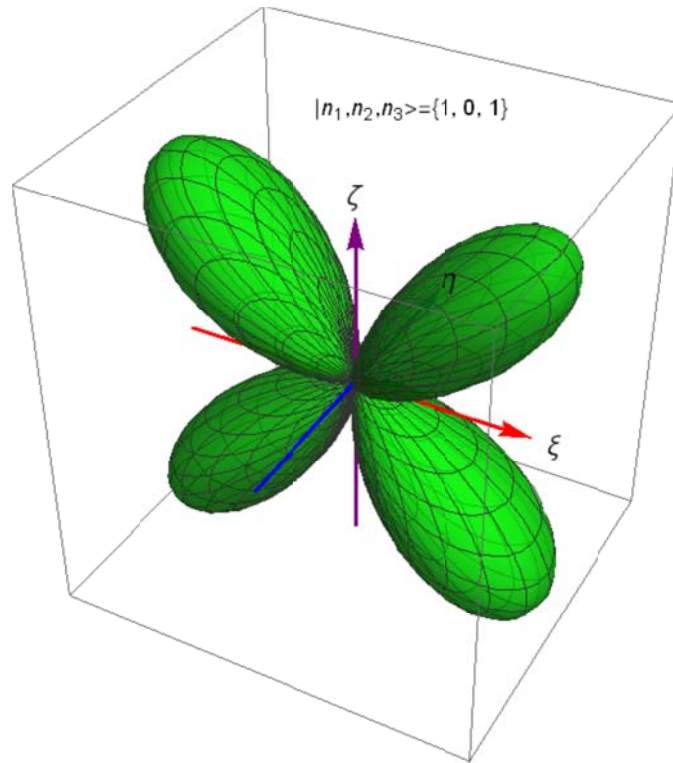
(i) $|n_x, n_y, n_z\rangle = |1, 1, 0\rangle$



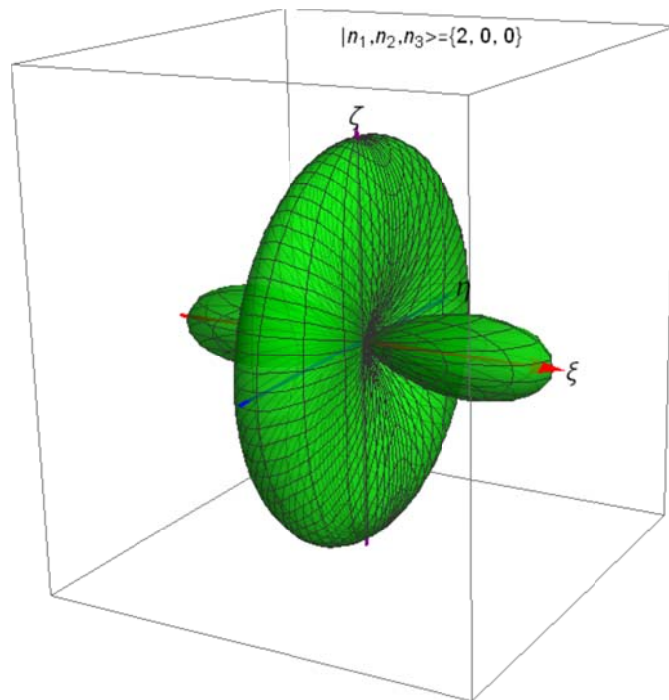
(ii) $|n_x, n_y, n_z\rangle = |0, 1, 1\rangle$



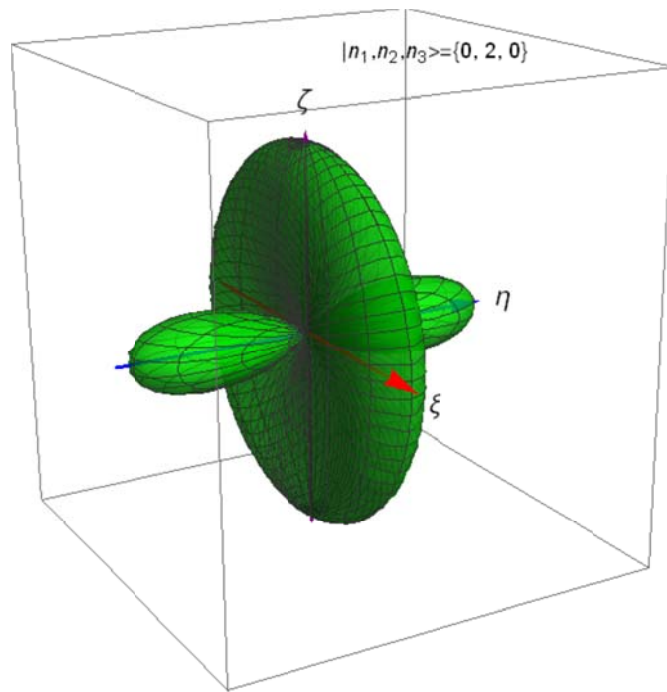
(iii) $|n_x, n_y, n_z\rangle = |1, 0, 1\rangle$



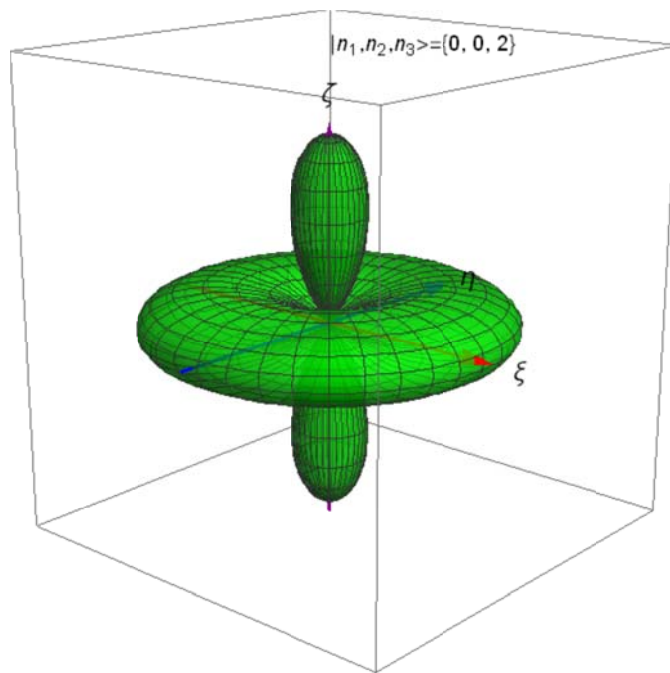
(iv) $|n_x, n_y, n_z\rangle = |2, 0, 0\rangle$



(v) $|n_x, n_y, n_z\rangle = |0, 2, 0\rangle$

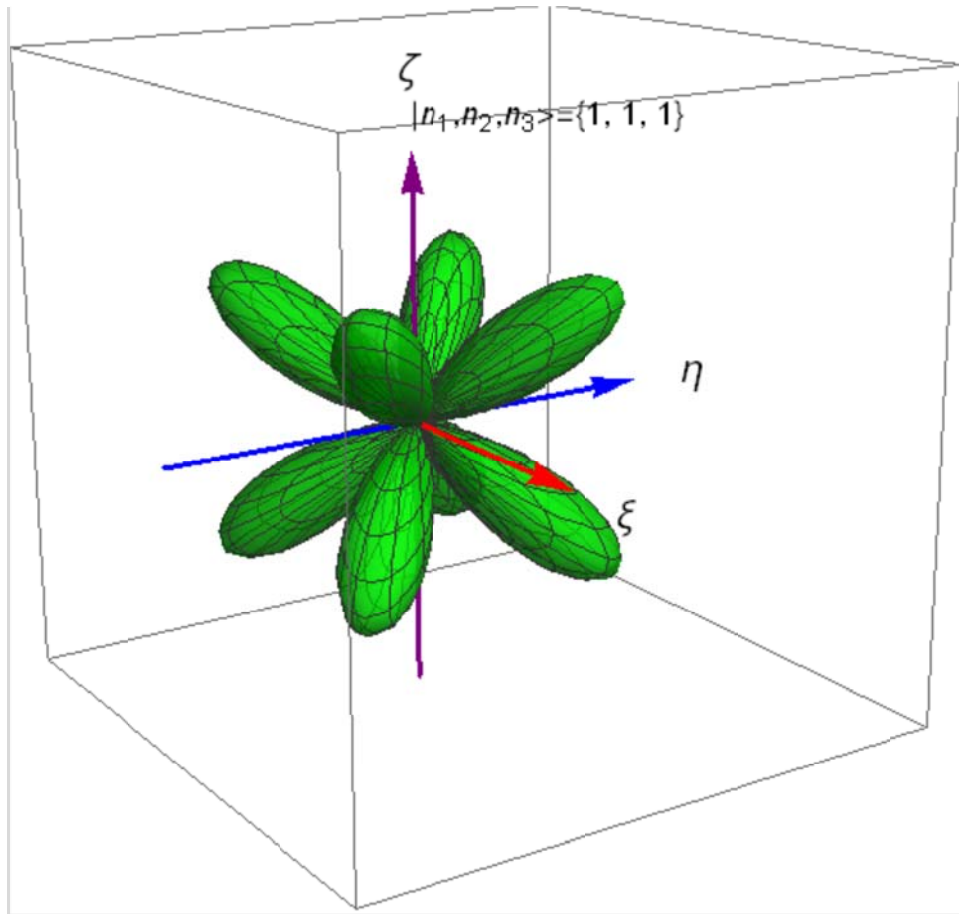


(vi) $|n_x, n_y, n_z\rangle = |0, 0, 2\rangle$

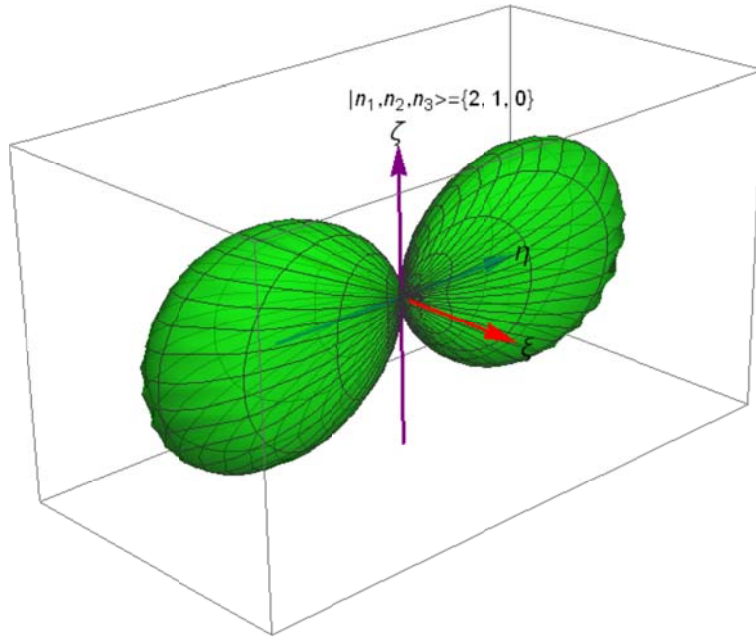


(d) $E = \frac{9}{2} \hbar \omega_0 \cdot |n_x, n_y, n_z\rangle = |1,1,1\rangle, |2,1,0\rangle, |2,0,1\rangle, |1,2,0\rangle, |0,2,1\rangle, |1,0,2\rangle,$
 $|0,1,2\rangle, |3,0,0\rangle, |0,3,0\rangle, |0,0,3\rangle$

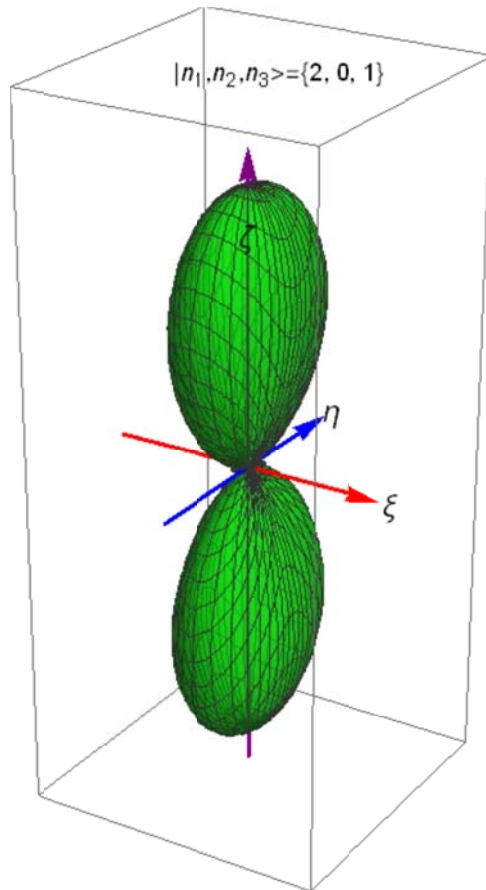
(i) $|n_x, n_y, n_z\rangle = |1,1,1\rangle$



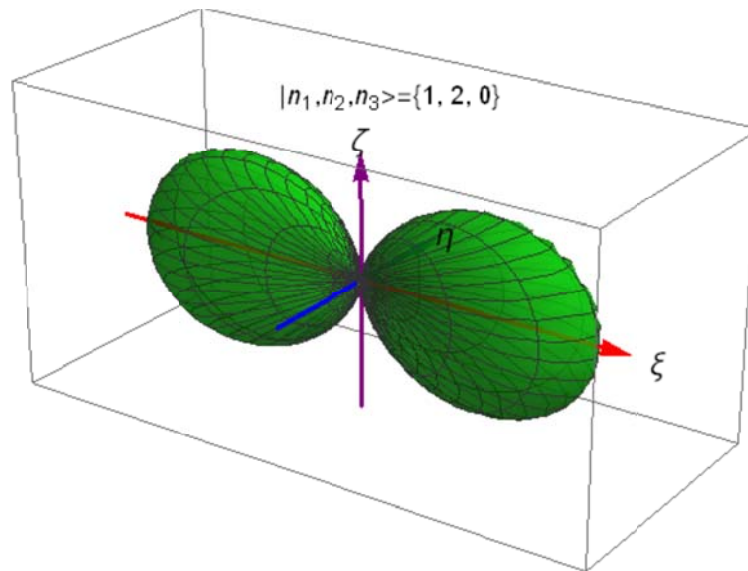
(ii) $|n_x, n_y, n_z\rangle = |2,1,0\rangle$



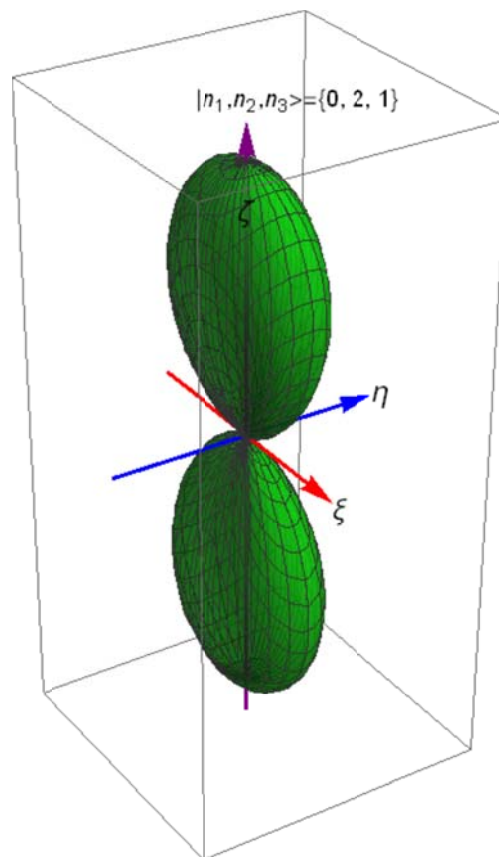
(iii) $|n_x, n_y, n_z\rangle = |2, 0, 1\rangle$



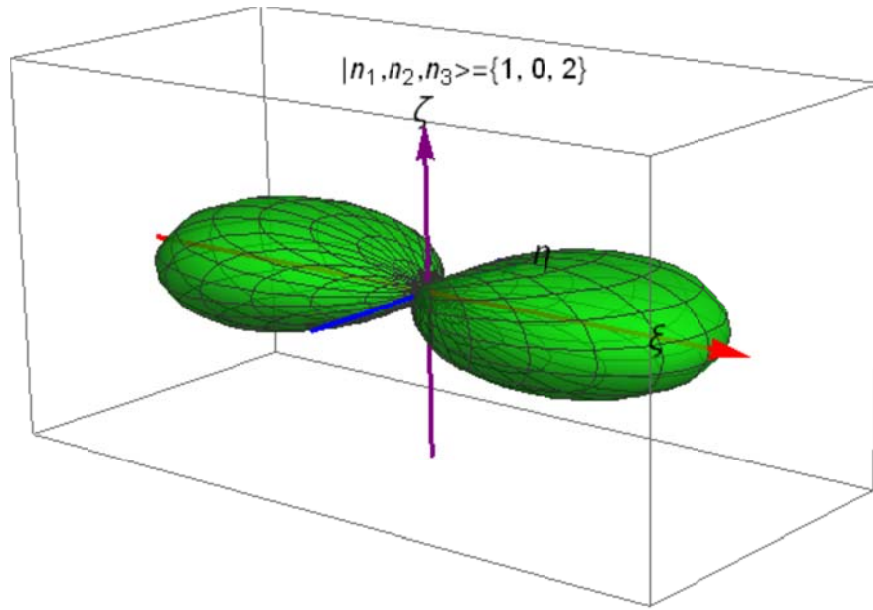
(iv) $|n_x, n_y, n_z\rangle = |1, 2, 0\rangle$



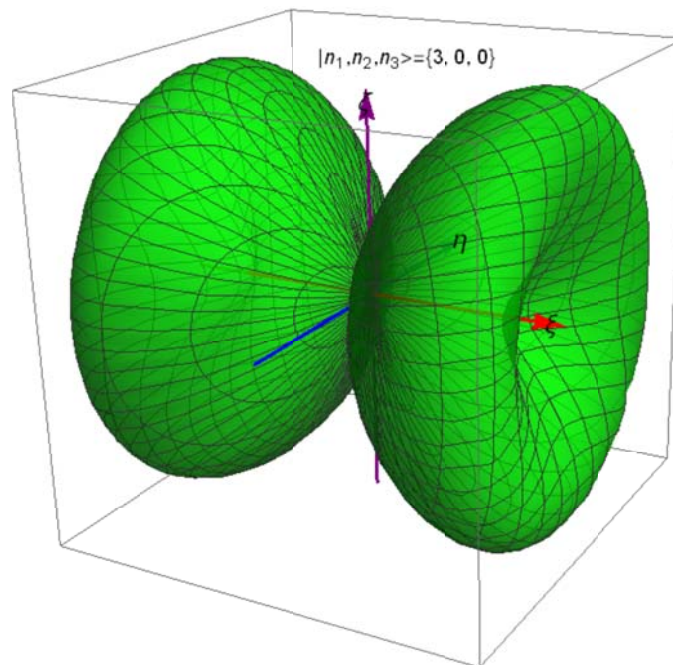
(v) $|n_x, n_y, n_z\rangle = |0, 2, 1\rangle$



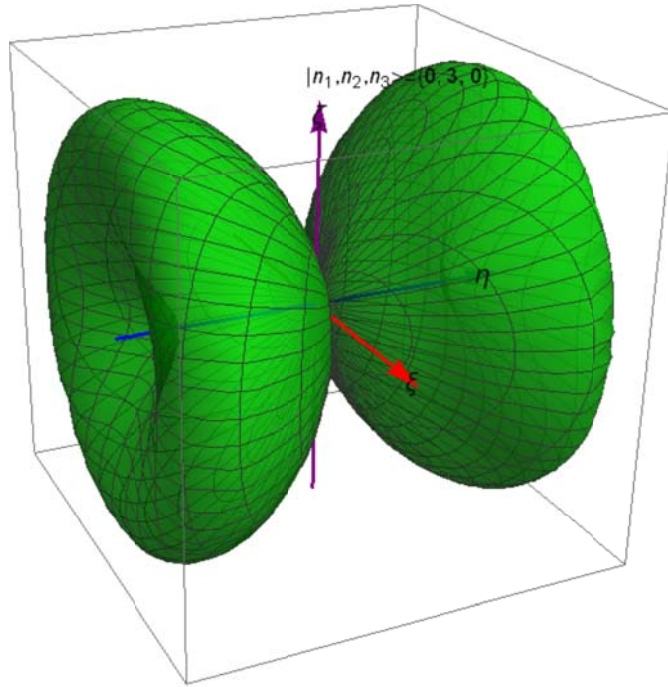
(vi) $|n_x, n_y, n_z\rangle = |1, 0, 2\rangle$



(iix) $|n_x, n_y, n_z\rangle = |3, 0, 0\rangle$



(ix) $|n_x, n_y, n_z\rangle = |0, 3, 0\rangle$



(x) $|n_x, n_y, n_z\rangle = |0, 0, 3\rangle$

